

Holy Apostles Orthodox Church

347 Ridge Rd Lansing NY

HolyApostlesLansing.org

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SEPTEMBER 11, 2016

Afterfeast of the Nativity of the Theotokos. Saturday before Elevation. Martyrs Menodora, Metrodora, and Nymphodora, at Nicomedia (305-311). Ven. Paul the Obedient, of the Kiev Caves (Far Caves—13th-14th c.). Bl. Prince Andrew, in monasticism Joasaph, of Kubensk (Vologda—1453). Apostles Apelles, Lucius, and Clement of the Seventy (1st c.). Martyr Barypsabas in Dalmatia (2nd c.). Rt. Blv. Pulcheria, the Empress of the Greeks (453). Ss. Peter and Paul, Bishops of Nicaea (9th c.).

EPISTLE: Galatians 6.11-16: I boast in nothing except in the cross of our Lord Jesus Christ.

1 Corinthians 15.1-11: Whether it was me or you preaching, Christ is glorified.

GOSPEL: John 3.13-17: God's love for His people is shown through His sacrifice for us.

Matthew 19.19-26: Come, follow Christ in your poverty.

COFFEE HOUR: THIS WEEK: Parish Picnic **NEXT WEEK:** Available

LITURGY TIME CHANGE: For the foreseeable future, the Divine Liturgy will begin at 9:30. The reading of the Hours will begin at 9:10.

SURVEY: Hey, have you heard about the parish survey?!!! The parish office is updating its files by completing its record of addresses, contact info and celebratory days. Please visit bit.ly/1RCRRJe to fill out the survey. Those who have not filled in the survey will be queried in the next few days.

RUN WITH A MISSION: The next Building Fund Fundraiser will be to sponsor Fr James as he attempts to run the Philadelphia Half Marathon on November 19. Sponsorships per mile receive rewards including such things as t-shirts and icons of the 12 Apostles. To find out more, head to www.gofundme.com/runwithamission. Share the link with a friend, through email and on social media.

KNOW YOUR FAITH: The next series of Adult Ed classes will begin this Tuesday, September 13. This year we will offer several units: 1. Fr Alexander Schmemmann's book *For the Life of the World*; 2. The Sacraments; 3. *The Way of a Pilgrim*; 4. Church History. We are slated to have classes every other Tuesday night, as much as we are able to. If you have any concerns about the scheduling, please see Fr James.

WELCOME VISITORS! We warmly welcome all of our visitors! It's good to have you with us! Please know that we are glad that you are here praying with us and invite you to join us after the service for a meal and to meet everyone in our community.

PARISH PICNIC: The annual parish picnic will today following the Divine Liturgy. This is always a fun time and a good way to welcome the returning and new college students. Bring a friend. Hamburgers and hot dogs will be provided. Please bring something to share and/or beverages.

JACOB'S WELL: The latest edition of the diocesan magazine is available to pick up today. Be sure to obtain a hardcopy of this beautiful magazine! Jacob's Well is informative and a good way to reach-out and share the faith with shut-ins, friends, and neighbors. Share a copy with you friends.

ELEVATION OF THE CROSS: On Tuesday evening and Wednesday morning, we celebrate the Elevation of the precious and life-giving cross. If someone would like to decorate the cross with flowers for the solemn day, please see Fr James.

CHOIR REHEARSALS: After fruitful discussion from those who sing in the choir, choir rehearsals will be held each Saturday at 4:30 in the Church. All are invited to join in the rehearsals, regardless of skill level, as well as to sing during the services.

PRAYER SCROLL

LIVING:	John & Carmine	Samuel	<u>Seminarians:</u> Rdr Robert	Taissia
Apr Timothy H	Nathan	Lisa	and Ivan	Steluta
Apr Herman S	Leah	Lyudmila	BIRTHDAYS: None.	Theophan
Apr Sergius K	Helen	Nickolay	ANNIVS: None.	Lynda
Apr Thomas E	Lindsey	Anetta	NAMESDAYS: None.	Florence
Apr Stephen M	Elizabeth	Zachary		James
Apr John R	Mary	Iconographer Helena	REPOSED:	James R
Apr Patrick C	Joe A	Natasha, Lena, Vera, &	Apr John U	Vasily
Mother Raphaela	Daniel	Sergei	Priest Matthew	Modercai
Mother Christophora	Andrew & family	Caleb	Apr Alexander	Alexandr
Mat Joanna B	Carol	Cleopatra	Dn Mark	Ron
Mat Katya	Wilhemina	Brian & Ally	Rdr Gregory	John
Mat Mary G	Elizabeth	Thompson Family	Daniel	Eleanor
Joshua	David	Danielle	Ada	NEWLY REPOSED: Joseph
Brittany & Isaac	Shirley	Larry, Mark & Katie	Lillian	Rolland, Frank, Katie, Harold,
Gretchen	Larry	Ann	Joseph	Helen, Apr Boniface B.
Peter	Christina	Dorothy	Marie	ANNIVERSARIES: None.
Marriane	Jim & Kim	Ronald	Joseph	
Terrence	Rachel	Sheryl & Lacey	Laura	
Helen	Constantine & Maria	Alexander, Angela & Anton	Martha	
Judy	Gaetan	<u>Children:</u> Anthony, Mia and	Stanley & Helen,	
Mary & Susan	Christine	Isabel, Bear		

BY THE NUMBERS: Last Collection: \$253 Weekly Budget: \$925
MTD: \$642 Monthly Budget: \$4000 August: +\$179 Building: \$18 Kenya: \$80

SCHEDULE FOR THIS WEEK

CONFESSIONS ARE HEARD BEFORE AND AFTER VESPERS AND AT ANY OTHER CONVENIENT TIME.

SUNDAY, SEPTEMBER 11: 9:10 AM Hours, 9:30 AM Divine Liturgy and Social Hour

MONDAY, SEPTEMBER 12: Rector's Sabbath, Council of Presbyters.

TUESDAY, SEPTEMBER 13: No Morning Prayers

6 PM Great Vespers for the Feast

WEDNESDAY, SEPTEMBER 14: 9 AM Divine Liturgy for the Feast of the Elevation of the Cross

7:30 PM Cornell OCF in Anabel Taylor Hall

THURSDAY, SEPTEMBER 15: 8:30 Morning Prayers

FRIDAY, SEPTEMBER 16: 8:30 Morning Prayers

9:20 Cornell Morning Prayers in Anabel Taylor Hall

SATURDAY, SEPTEMBER 17: 4:30 PM Choir Rehearsal

6 PM Great Vespers

SUNDAY, SEPTEMBER 18: 9:10 AM Hours, 9:30 AM Divine Liturgy, and Social Hour

PRAYER FOR CHURCH GROWTH

Again, we pray to Thee, O Lord our God, that you would renew us and this parish by the Power of the Holy Spirit. Fill us with love and longing for Thee. Grant that we would seek not our own will but to do Thy will in all things and to be willing to lay down our lives out of love for Thee and for our neighbor. Draw thirsty souls to this place and remove their spiritual blindness, granting them through Thy grace to see the beauty of Thy Holy Glory in this place. Fill this community with new life, spiritual vigor and an insatiable desire to live godly and holy lives. Forgive us all of our sins as we fall down before Thee. Bring us all to a greater repentance and to an amendment of our lives as we look to Thee, the only Merciful and loving Lord Who calls all to salvation. We beg Thee, our merciful Lord, hear us, grant all of these petitions and all of our requests unto salvation: We pray Thee, hearken and have mercy.

MORE ON THE ELEVATION OF THE CROSS

With great solemnity the Life-creating Cross was transferred to Jerusalem after being held captive in Persia for fourteen years in the 7th century. Emperor Heraclius in imperial crown and royal purple carried the Cross of Christ into the temple of the Resurrection. With the emperor went Patriarch Zacharios. At the gates by which they ascended Golgotha, the emperor suddenly stopped and was not able to proceed farther. The holy Patriarch explained to the emperor that an angel of the Lord was blocking his way. The emperor was told to remove his royal trappings and to walk barefoot, since He Who bore the Cross for the salvation of the world from sin had made His way to Golgotha in all humility. Then Heraclius donned plain garb, and without further hindrance, carried the Cross of Christ into the church.

Holy Apostles Orthodox Church

Lansing, New York



SUNDAY, SEPTEMBER 12TH, 2016

12TH SUNDAY AFTER PENTECOST

AFTERFEAST OF THE NATIVITY OF THE THEOTOKOS

WEEKLY HYMNS FOR SUNDAY, SEPTEMBER 11TH

Troparion Tone 3 (Resurrection)

Let the heavens rejoice!
Let the earth be glad!
For the Lord has shown strength with His arm.
He has trampled down death by death.
He has become the first born of the dead.
He has delivered us from the depths of hell,
and has granted to the world//
great mercy.

Troparion Tone 4 (Nativity of the Theotokos)

Your nativity, O Virgin,
has proclaimed joy to the whole universe!
The Sun of righteousness, Christ our God,
has shone from you, O Theotokos.
By annulling the curse,
He bestowed a blessing.//
By destroying death, He has granted us eternal life.

Troparion Tone 8 (Venerable Theodora of Alexandria)

The image of God was truly preserved in you, O Mother,
for you took up the Cross and followed Christ.
By so doing you taught us to disregard the flesh for it passes away
but to care instead for the soul, since it is immortal.//
Therefore your spirit, venerable Theodora, rejoices with the Angels.

Troparion Tone 4 (Hieromartyr Autonómus)

By sharing in the ways of the Apostles,
you became a successor to their throne.
Through the practice of virtue, you found the way to divine contemplation, O inspired one of God;
By teaching the word of truth without error, you defended the Faith, even
to the shedding of your blood.//
Hieromartyr Autonómus, entreat Christ God to save our souls!

Kontakion Tone 3 (Resurrection)

On this day You rose from the tomb, O Merciful One,
leading us from the gates of death.
On this day Adam exults as Eve rejoices;
with the Prophets and Patriarchs//
they unceasingly praise the divine majesty of Your power.

Kontakion Tone 2 (Venerable Theodora of Alexandria)

You depleted your bodily strength by fasting, vigil, and prayers,
entreating the Creator to grant forgiveness of your sin;
having received it, you showed us the way of repentance,
Venerable Mother Theodora.

Kontakion Tone 2 (Hieromartyr Autonómus)

With reverence you served the divine mysteries, O wise one,
and became an acceptable sacrifice while partaking of the cup of Christ.
Now, as you stand before Him, holy martyr Autonómus,//
unceasingly intercede for us all!

Kontakion Tone 4 (Nativity of the Theotokos)

By your nativity, most pure Virgin,
Joachim and Anna are freed from barrenness,
Adam and Eve -- from the corruption of death.
And we, your people, freed from the guilt of sin, celebrate and
sing to you://
“The barren woman gives birth to the Theotokos, the nourisher of our Life.”

Prokeimenon Tone 6 (Sunday before the Elevation of the Cross)

O Lord, save Your people, and bless Your inheritance! (Ps 27/28:9)
v: To You, O Lord, will I call. O my God, be not silent to me! (Ps 27/28:1)
Tone 3: My soul magnifies the Lord, and my spirit rejoices in God my Savior. (Lk 1:46-47)

Alleluia Verses Tone 1

Alleluia, Alleluia, Alleluia! I have exalted one chosen out of My people. (Ps 88/89:20)
v: For My hand shall defend him, and My arm shall strengthen him. (Ps 88/89:22)
v: Hear, O daughter, and see, and incline your ear! (Ps 44/45:10)

Hymn to the Theotokos Tone 8

Magnify, O my soul, the most glorious birth of the Mother of God!
Virginity is foreign to mothers;
childbearing is strange for virgins.
But in you, O Theotokos, both were accomplished./
Therefore all we nations of the earth unceasingly magnify you.

Communion Hymns

Praise the Lord from the heavens! Praise Him in the highest! (Ps 148:1)
I will receive the cup of salvation and call on the name of the Lord. (Ps 115/116:13)
Alleluia, Alleluia, Alleluia!

REMEMBERING 9/11: FIFTEEN YEARS LATER

Sunday, September 11, 2016, marks the 15th anniversary of the 9/11 terrorists attacks on New York City, Shanksville, PA, and Arlington, VA.

The day—and indeed the weekend ahead—remains one of particular prayer, reflection and repentance. Surely there is much upon which we might reflect and about which we might pray as the world continues to face conflicts that challenge us to maintain focus on “our true home,” the Kingdom of God, wondrously in our midst yet all-too-often overshadowed by this fallen world.

As we mark this somber anniversary, let us especially pray for those who lost their lives in the 9/11 attacks, as well as for their families and friends who continue to mourn the loss of those with whom, just one day earlier, they talked; for those who so selflessly reached out to survivors alike on that tragic day; for those brave first responders—physicians, police personnel and and counselors who risked their comfort and hope to stranger alike; still struggling to that which, by senseless.



day earlier, they talked; for those reached out to survivors alike on that tragic day; for those brave first responders and military officials, clergy and coworkers—“all” to bring to friend and and for everyone “make sense” of nature, is

Among those who lost their lives on 9/11 and for whom we pray on this anniversary are two dozen Orthodox Christians, a list of whom has been compiled and maintained over the years. While the list may not be complete—if readers know of anyone whose name should be added to the list, please send it to info@oca.org —our Lord assures us that our prayers, even for those whose names have been forgotten or who are known to Him alone, will not go unanswered.

Let us especially remember our brothers and sisters in Christ, asking the One Who is our very Life and Resurrection to grant them eternal rest with the saints, that “they may shine like the stars of heaven” in the Kingdom of the Father, Son and Holy Spirit—the very Kingdom to which we all aspire.

THE UNIVERSAL EXALTATION OF THE PRECIOUS AND LIFE-GIVING CROSS

The pagan Roman emperors tried to completely eradicate from human memory the holy places where our Lord Jesus Christ suffered and was resurrected for mankind. After 300 years, by Divine Providence, the Sepulchre of the Lord and the Life-Creating Cross were again discovered and opened for veneration. This took place under the Emperor Constantine the Great (306-337) after his victory in the year 312. In the year 323 Constantine became the sole ruler of the vast Roman Empire.

In 313 he had issued the Edict of Milan, by which the Christian religion was legalized and the persecutions against Christians in the Western half of the empire were stopped. The Holy Equal of the Apostles Emperor Constantine, having gained victory over his enemies in three wars, had seen in the heavens the Sign of the Cross, and written beneath: “By this you shall conquer.”

Ardently desiring to find the Cross on which our Lord Jesus Christ was crucified, St Constantine sent his mother, the pious Empress Helen (May 21), to Jerusalem, providing her with a letter to St Macarius, Patriarch of Jerusalem.

Although the holy empress years, she set about completing the the Life-Creating Cross, she made a long time her search remained her to an elderly Hebrew named Jude where the temple of Venus stood. and, after praying, began to excavate Lord was uncovered. Not far from it inscription ordered by Pilate, and Lord’s Body (March 6).

In order to discern on which crucified, Patriarch Macarius corpse. When the Cross of the Lord life. Having beheld the raising of the that the Life-Creating Cross was

Christians came in a huge throng to venerate the Holy Cross, beseeching St Macarius to elevate the Cross, so that even those far off might reverence it. Then the Patriarch and other spiritual leaders raised up the Holy Cross, and the people, saying “Lord have mercy,” reverently prostrated before the Venerable Wood. This solemn event occurred in the year 326.

During the discovery of the Life-Creating Cross another miracle took place: a grievously sick woman, beneath the shadow of the Holy Cross, was healed instantly. The elder Jude and other Jews there believed in Christ and accepted Holy Baptism. Jude received the name Cyriacus and afterwards was consecrated Bishop of Jerusalem.

St Helen took part of the Life-Creating Wood and nails with her to Constantinople. The holy emperor Constantine gave orders to build at Jerusalem a majestic and spacious church in honor of the Resurrection of Christ, also including under its roof the Life-Giving Tomb of the Lord and Golgotha. The temple was constructed in about ten years. St Helen did not survive until the dedication of the temple, she died in the year 327. The church was consecrated on September 13, 335. On the following day, September 14, the festal celebration of the Exaltation of the Venerable and Life-Creating Cross was established.



Helen was already in her declining task with enthusiasm. Searching for inquiry of Christians and Jews, but for unsuccessful. Finally, they directed who stated that the Cross was buried They demolished the pagan temple the ground. Soon the Tomb of the were three crosses, a board with the four nails which had pierced the

of the three crosses the Savior was alternately touched the crosses to a touched the dead one, he came to dead man, everyone was convinced found.

throng to venerate the Holy Cross,