

Holy Apostles Orthodox Church

347 Ridge Rd Lansing NY

HolyApostlesLansing.org

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FEBRUARY 7, 2016

36th SUNDAY AFTER PENTECOST — Tone 3. Afterfeast of the Meeting. St. Parthenius, Bishop of Lampsacus on the Hellespont (4th c.). Ven. Luke of Hellas (ca. 946). The 1,003 Martyrs of Nicomedia (303).

EPISTLE: 1 TIMOTHY 1.15-17: Christ Jesus came into the world to save sinners, of whom I am chief.

GOSPEL: MATTHEW 15.21-28: Shall we carelessly throw the words of Christ to the dogs?

COFFEE HOUR: Potluck. **NEXT WEEK:** Worthington Family.

ALTAR SERVERS RETREAT: The Annual Diocesan Altar Server Retreat will be held at St Basil Academy in Garrison NY from February 12-14. The main focus of this annual retreat is to bring the altar servers of our diocese together in prayer, Christian fellowship, education, and fun. There is no charge to participate in the retreat but early registration is essential.

WEEKLY SCHEDULE UPDATE: As we continue to grow and are blessed with many young children, we add them to our prayer lives as well. Each Thursday morning, the Akathist to the Mother of God, the Nurturer of Children will be sung. May the Lord bless our work with the youth that He has sent to us.

HOUSE BLESSINGS: Many of the homes of this parish have blessed so far. If you have yet to schedule your house blessing, please contact Fr James immediately.

EPISCOPAL VISIT: This year’s Episcopal visitation will be on Palm Sunday, April 24th. Mark your calendars.

KNOW YOUR FAITH: The next Know Your Faith Class will be held on February 16th at Unwind Coffee Shop in the Ithaca Mall. We will be moving on to the Desert Saints and looking at the life of St Anthony the Great. The readings can be found on pages 55-56 of the handouts, available at holypostleslansing.org/knowyourfaith.html

WELCOME!: We warmly welcome all of our visitors! It’s good to have you with us! Please know that we are glad that you are here praying with us and invite you to join us after the service for a meal and to meet everyone in our community.

CHOIR REHEARSAL: On the weeks when the Adult Ed class is not held, choir rehearsal will be held at Greg’s house at 7 PM. All skill levels are invited to come and sing – no prior experience is necessary!

CHANTING WORKSHOP: In cooperation with St Catherine’s Church in Ithaca, we will be holding a chanting workshop, looking at both the Greek and Slavic/OCA styles of chant. There will be instruction on basic vocal techniques and healthy singing for choirs. An introduction to basic chanting will be offered as well. The day will be capped off with a joint Vesperal service. Mark your calendars!

YEAR END DONATION LETTERS: If you gave to the parish in 2015, a letter has been prepared and is available at the back of the Church thanking you for your offering and which doubles as a record of your tax deductible contribution to a non-profit charity.

OCCM: The Orthodox Christian Mission Center (OCCM) practices the evangelical imperative of the Orthodox faith based on the Gospel of our Lord Jesus Christ, who commissioned us to go “and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit.” OCCM recruits, trains and sends missionaries to preach, teach, baptize and to minister to the poor, hungry, sick, suffering and orphaned. They support the development of indigenous leaders and strengthen the infrastructures of churches.

LIVING:			
Apr Timothy H	Marriane	Shirley	Danielle
Apr Herman S	Terrence	Larry	<u>Catechumens:</u> Elliott.
Apr John C	Helen	Christina	<u>Children:</u> Christopher E,
Apr Thomas E	Judy	Jim & Kim	Anthony, Mia and Isabel
Apr Michael T	Gretchen	Rachel	<u>Seminarians:</u> Rdr Robert
Apr Stephen M	Mary & Susan	Constantine & Maria	and Ivan
Apr John U	John & Carmine	Gaetan	BIRTHDAYS: None.
Apr Jason & Family	Nathan	Christine	ANNIVS: None.
Abess Silouana	Leah	Samuel	NAMESDAYS: None.
Mother Raphaela	Helen	Lisa	REPOSED:
Mother Christophora	Lindsey	Lyudmila	Priest Matthew
Mat Cecelia	Elizabeth	Nickolay	Priest John
Mat Katya	Mary	Anetta	Apr Alexander
Mat Kathy K	Joe A	Zachary	Dn Mark
Mat Mary G	Daniel	Iconographer Helena	Rdr Gregory
Joshua	Andrew & family	Natasha, Lena, Vera, &	Daniel
Brittany & Isaac	Harold	Sergei	Ada
Gretchen	Wilhemina	Caleb	Lillian
Peter	Elizabeth	Cleopatra	Joseph
	David	Brian & Ally	Marie

NEWLY REPOSED: Apr John, Arch Athanasy.
ANNIVERSARIES: None.

SCHEDULE FOR THIS WEEK

CONFESSIONS ARE HEARD BEFORE AND AFTER VESPERS AND AT ANY OTHER CONVENIENT TIME.

SUNDAY, FEBRUARY 7: 8:40 Hours, 9 AM Divine Liturgy, and Social Hour

TUESDAY, FEBRUARY 9: 7 PM Choir Rehearsal at Greg F's

WEDNESDAY, FEBRUARY 10: 8:30 Daily Matins

7 PM Cornell OCF in Anabel Taylor Hall

THURSDAY, FEBRUARY 11: 8:30 Morning Prayers; Akathist to the Nurturer of Children

8 PM Ithaca College OCF

FRIDAY, FEBRUARY 12: 8:30 Morning Prayers

9:20 Cornell OCF Morning Prayers in Anabel Taylor Hall

SATURDAY, FEBRUARY 13: Diocesan Altar Servers Retreat

6 PM Readers Vespers

SUNDAY, FEBRUARY 14: 8:40 Hours, 9 AM Divine Liturgy, and Social Hour

MARCH 6: Meatfare Sunday

PRAYER FOR CHURCH GROWTH

Again, we pray to Thee, O Lord our God, that you would renew us and this parish by the Power of the Holy Spirit. Fill us with love and longing for Thee. Grant that we would seek not our own will but to do Thy will in all things and to be willing to lay down our lives out of love for Thee and for our neighbor. Draw thirsty souls to this place and remove their spiritual blindness, granting them through Thy grace to see the beauty of Thy Holy Glory in this place. Fill this community with new life, spiritual vigor and an insatiable desire to live godly and holy lives. Forgive us all of our sins as we fall down before Thee. Bring us all to a greater repentance and to an amendment of our lives as we look to Thee, the only Merciful and loving Lord Who calls all to salvation. We beg Thee, our merciful Lord, hear us, grant all of these petitions and all of our requests unto salvation: We pray Thee, hearken and have mercy.

Holy Apostles Orthodox Church

Lansing, New York



The Prophet Zechariah, February 8

SUNDAY, FEBRUARY 7TH, 2016

36TH SUNDAY AFTER PENTECOST

AFTERFEAST OF THE MEETING OF THE LORD IN THE TEMPLE

WEEKLY HYMNS FOR FEBRUARY 7, 2016

Troparion Tone 3 (Resurrection)

Let the heavens rejoice!
Let the earth be glad!
For the Lord has shown strength with His arm.
He has trampled down death by death.
He has become the first born of the dead.
He has delivered us from the depths of hell,
and has granted to the world//
great mercy.

Troparion Tone 1 (The Meeting of our Lord)

Rejoice, O Virgin Theotokos, Full of Grace!
From thee shone the Sun of Righteousness, ^Christ our God,
enlightening those who sat in darkness.
Rejoice and be glad, O righteous Elder,
thou didst accept in thine arms the ^Redeemer of our souls,
Who grants us the Resurrection!

Troparion Tone 4 (SS Parthenius and Luke)

O God of our Fathers,
always act with kindness towards us;
take not Thy mercy from us,
but guide our lives in peace//
through the prayers of Thy saints!

Kontakion Tone 3 (Resurrection)

On this day Thou didst rise from the tomb, O Merciful One,
leading us from the gates of death.
On this day Adam exults as Eve rejoices;
with the Prophets and Patriarchs//
they unceasingly praise the divine majesty of Thy power.

Kontakion Tone 1 (The Meeting of our Lord)

By Thy Nativity Thou didst sanctify the Virgin's womb
and didst bless Simeon's hands, ^O Christ God.
Now Thou hast come and saved us through love.
Grant peace to all Orthodox Christians,
O only Lover of Man!

Prokeimenon Tone 3 (Resurrection)

Sing praises to our God, sing praises! Sing praises to our King, sing praises! (Ps 46/47:6)
v: Clap your hands, all peoples! Shout to God with loud songs of joy! (Ps 46/47:1)
Tone 3: My soul magnifies the Lord, and my spirit rejoices in God my Savior. (Lk 1:46-47)

Alleluia Verses Tone 3

Alleluia, Alleluia, Alleluia! In Thee, O Lord, have I hoped; let me never be put to shame! (Ps 30/31:1)
Be a God of protection for me, a house of refuge in order to save me! (Ps 30/31:2)
v: Lord, now let Thy servant depart in peace, according to Thy word, for mine eyes have seen Thy salvation! (Lk 2:29)

Hymn to the Theotokos Tone 3

O Virgin Theotokos, hope of all Christians,
protect, preserve, and save those who hope in thee!
In the shadow and letter of the Law,
let us the faithful discern a figure:
every male [child] that opens the womb
is holy to God.
Therefore we magnify the firstborn Word of the Father Who has no beginning, //
the Son firstborn of a Mother who had not known man.

Communion Hymns

Praise the Lord from the heavens! Praise Him in the highest! (Ps 148:1)
I will receive the cup of salvation and call on the name of the Lord. (Ps 115/116:13)
Alleluia, Alleluia, Alleluia!

PRE LENTEN CYCLE OF SUNDAYS

- **Zacchaeus Sunday** (Slavic tradition) or **Sunday of the Canaanite** (Greek tradition): 11th Sunday before Pascha
- **The Publican and the Pharisee**: 10th Sunday before Pascha (70 days)
- **The Prodigal Son**: 9th Sunday before Pascha (63 days)
- **The Last Judgment**; also, **Meat-Fare Sunday** (the last day meat may be eaten): 8th Sunday before Pascha (56 days)
- **Sunday of Forgiveness**; also, **Cheese-Fare Sunday** (the last day dairy products may be consumed — during Great Lent fish, wine, and olive oil will be allowed only on certain days): 7th Sunday before Pascha (49 days)

St. Caedmon, Father of English Poetry

10 February



Though rough and untutored, by God's power, in his later years Caedmon broke into song and became the father of English poetry. The legend is that for years he was so ashamed of his inability, on account of his shyness, to take his turn in singing on festive occasions that he would steal away and hide himself. Wherefore, being sometimes at feasts, when all agreed for glee's sake to sing in turn, he no sooner saw the harp come towards him than he rose from the board and turned homewards.

One night, after he had left the feast and had taken refuge in the stable, he heard a voice saying: Sing, Caedmon. Sing some song to Me. Caedmon stammered in reply: I cannot sing. But you shall sing, replied the voice. What shall

I sing? Caedmon asked in wonder. The voice answered: Sing the beginning of created things. And Caedmon, in that moment, attempting to sing, found his stammering tongue had been loosened.

In the morning he recalled the words of his song and, adding other verses to it, appeared before the Abbess Hilda, to whom he related his strange story. He sang to her the song, and she was amazed, and believed heavenly grace to be upon him by the Lord.

He became a lay-brother and, still in the great abbey of Whitby, was taught by his fellow monks the truths of the Bible; these he turned into poetry so sweet to the ear that his teachers became his hearers. He sang, says Bede, of the creation of the world, the origin of man, and the history of Israel, of the Incarnation, Passion, and Resurrection of Christ, and the teaching of the Apostles. This first Anglo-Saxon writer of religious poetry covered with his paraphrases the whole field of Scripture, and though others after him strove to compose religious poems, none could vie with him, for he learned the art of poetry not from men, but from God. It seems likely that the most famous of all Anglo Saxon poems, The Dream of the Holy Rood, was composed by St Caedmon.

He is said to have died in holiness and perfect charity to all, after showing that he knew his life was at an end, although he was not seriously ill. He asked to be taken to the infirmary and to receive Communion. With the Host in his hand he looked round on his brother monks and asked if any bore him a grudge or had anything against him. When they answered that none of them had, he said, I too have a mind at peace with all God's servants, made his Communion, signed himself with the Cross, lay down and went to sleep, never to wake again in this world.

Caedmon's poetry was a remarkable instance of the power of the Bible to stimulate the imagination and awaken natural genius. Thus, Caedmon brought to the common people the energy and realism of the Scriptures, which, entering deeply into the life of the nation, have never ceased through all the centuries to invigorate and inspire the culture of the English-speaking world. Though only nine lines of one of his hymns, *Dream of the Road*, said to have been composed in a dream, survives, he is called the Father of English Sacred Poetry.

THE PROPHECIES OF ZECHARIAH, CONCERNING THE WORK OF CHRIST

The Branch, from the stump of Jesse

3.8: 'Hear, O Joshua, the high priest, You and your companions who sit before you, For they are a wondrous sign; For behold, I am bringing forth My Servant the BRANCH.

6.12-13: 'Thus says the LORD of hosts, saying: "Behold, the Man whose name *is* the BRANCH! From His place He shall branch out, And He shall build the temple of the LORD; Yes, He shall build the temple of the LORD. He shall bear the glory, And shall sit and rule on His throne; So He shall be a priest on His throne, And the counsel of peace shall be between them both."

The Humble King

9.9 "Rejoice greatly, O daughter of Zion! Shout, O daughter of Jerusalem! Behold, your King is coming to you; He *is* just and having salvation, Lowly and riding on a donkey, A colt, the foal of a donkey.

The Lord Shall be Betrayed

11.12-13: Then I said to them, "If it is agreeable to you, give *me* my wages; and if not, refrain." So they weighed out for my wages thirty *pieces* of silver.

And the LORD said to me, "Throw it to the potter"—that princely price they set on me. So I took the thirty *pieces* of silver and threw them into the house of the LORD for the potter.

The People of God Shall Mourn in Jerusalem

12.10-11: "And I will pour on the house of David and on the inhabitants of Jerusalem the Spirit of grace and supplication; then they will look on Me whom they pierced. Yes, they will mourn for Him as one mourns for *his* only *son*, and grieve for Him as one grieves for a firstborn. In that day there shall be a great mourning in Jerusalem.

Christ, the Ever-flowing Fountain, Takes Away the Sins of the World

13.1:"In that day a fountain shall be opened for the house of David and for the inhabitants of Jerusalem, for sin and for uncleanness.

Darkness at the Crucifixion, The Never-Ending Light of Pascha

14.6-7: It shall come to pass in that day *That* there will be no light; The lights will diminish. It shall be one day Which is known to the LORD—Neither day nor night. But at evening time it shall happen *That* it will be light.