

Holy Apostles Orthodox Church

347 Ridge Rd Lansing NY

HolyApostlesLansing.org

Fr James Worthington, Rector 315-706-6185

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JANUARY 10, 2016

32nd SUNDAY AFTER PENTECOST — Tone 7. Afterfeast of the Theophany. Sunday after Theophany. St. Gregory, Bishop of Nyssa (4th c.). St. Dometian, Bishop of Melitene (601). St. Marcian, Presbyter, of Constantinople (5th c.). Ven. Paul, Abbot of Obnora (Vologdá—1429). Ven. Macarius, Abbot, of Pisma (14th c.). Bl. Theosebia the Deaconess, sister of Ss. Basil the Great and Gregory of Nyssa (385). Ven. Antipas the Athonite (1882). St. Theophan the Recluse, Bishop of Tambov (1894).

EPISTLE: EPHESIANS 4.7-13: Faithful are called to many ministries, and equipped by Christ.

GOSPEL: MATTHEW 4.12-17: Jesus said, "Repent, for the kingdom of heaven is at hand."

COFFEE HOUR: Eileen and Bob. **NEXT WEEK:** Brown Family.

HOUSE BLESSINGS: It is that joyous time of year when we schedule house blessings - to welcome Christ into our homes as we begin a new year, in celebration of his revelation in the River Jordan To have your house blessed, please see Fr James to schedule an appointment. It would be wonderful if we could every house in the parish blessed in the next few weeks. For those who do not make an appointment, Fr James will be calling to schedule a time.

ALTAR SERVERS RETREAT: The Annual Diocesan Altar Server Retreat will be held at St Basil Academy in Garrison NY from February 6-8. The main focus of this annual retreat is to bring the altar servers of our diocese together in prayer, Christian fellowship, education, and fun. There is no charge to participate in the retreat but early registration is essential.

KNOW YOUR FAITH: The next Know Your Faith Class will be held on January 12th at Unwind Coffee Shop in the Ithaca Mall. We will be looking at the life of St John Chrysostom. The readings can be found on pages 37-42 of the handouts, available at holypostleslansing.org/knowyourfaith.html

Fr James' contact information: Cell: 315-706-6185 Email: adelphotheos@gmail.com

WELCOME! We warmly welcome all of our visitors! It's good to have you with us! Please know that we are glad that you are here praying with us and invite you to join us after the service for a meal and to meet everyone in our community.

AFRICAN ORTHODOXY PRESENTATION: On Thursday, January 28th, we will host David Murphy of Cornell University who will be presenting on his experiences in a rural Orthodox community in Kenya.

ONLINE CALENDAR: The calendar of services and events on the parish webpage has been updated to a new format. It is now a Google calendar, which can be subscribed to so that it can sync with your online calendars as well. This will also make it easier to modify and provide subscribers with notices about upcoming events. Please subscribe and share with friends!

POINSETTIAS: Many of the poinsettias from the Nativity season are in good shape. Feel free to take some home, if you would like to do so.

ANNUAL MEETING: We will hold our Annual Parish Meeting on Sunday, January 24th after the Divine Liturgy. Please make every effort to be present as we plot the coming year for our mission parish!

THANK YOU! Thanks are given to all who made the 5th Annual Lake Blessing such a beautiful day. Congratulations go to Casey, 2-Time cross retrieval champion.

LIVING:	Terrence	Christina	<u>Children:</u> Christopher E,	Stanley & Helen,
Apr Timothy H	Helen	Jim & Kim	Anthony, Mia and Isabel	Taissia
Apr Herman S	Judy	Rachel	<u>Seminarists:</u> Rdr Robert	Steluta
Apr John C	Gretchen	Constantine & Maria	and Ivan	Theophan
Apr Thomas E	Mary & Susan	Gaetan	BIRTHDAYS: None.	Lynda
Apr Michael T	John & Carmine	Christine	ANNIVS: None.	Florence
Apr Stephen M	Nathan	Samuel	NAMESDAYS: None.	James
Apr John U	Leah	Lisa	REPOSED:	James R
Apr Jason & Family	Helen	Lyudmila	Priest Matthew	Vasily
Abbess Silouana	Lindsey	Nickolay	Priest John	Modecai
Mother Raphaela	Elizabeth	Anetta	Apr Alexander	Alexandr
Mother Christophora	Mary	Zachary	Dn Mark	Ron
Mat Cecelia	Joe A	Iconographer Helena	Rdr Gregory	John
Mat Katya	Daniel	Natasha, Lena, Vera, &	Daniel	NEWLY REPOSED:
Mat Kathy K	Andrew & family	Sergei	Ada	None.
Mat Mary G	Harold	Caleb	Lillian	ANNIVERSARIES: Philip
Joshua	Wilhemina	Cleopatra	Joseph	(2010).
Brittany & Isaac	Elizabeth	Brian & Ally	Marie	
Gretchen	David	Danielle	Joseph	
Peter	Shirley	<u>Catechumens:</u> Elliott, Micah, Laura		
Marriane	Larry	Danielle.	Martha	

SCHEDULE FOR THIS WEEK

CONFESSIONS ARE HEARD BEFORE AND AFTER VESPERS AND AT ANY OTHER CONVENIENT TIME.

SUNDAY, JANUARY 10: 8:40 Hours, 9 AM Divine Liturgy, Social Hour

TUESDAY, JANUARY 12: 8:30 Morning Prayers

7 PM Know Your Faith: St John Chrysostom

WEDNESDAY, JANUARY 13: 8:30 Daily Matins

THURSDAY, JANUARY 14: 8:30 Morning Prayers

FRIDAY, JANUARY 15: 8:30 Morning Prayers

SATURDAY, JANUARY 16: 6 PM Great Vespers

SUNDAY, JANUARY 17: 8:40 Hours, 9 AM Divine Liturgy, Social Hour

JANUARY 24: Annual Parish Meeting

JANUARY 28: Orthodoxy in Kenya: Growth Amidst Poverty

PRAYER FOR CHURCH GROWTH

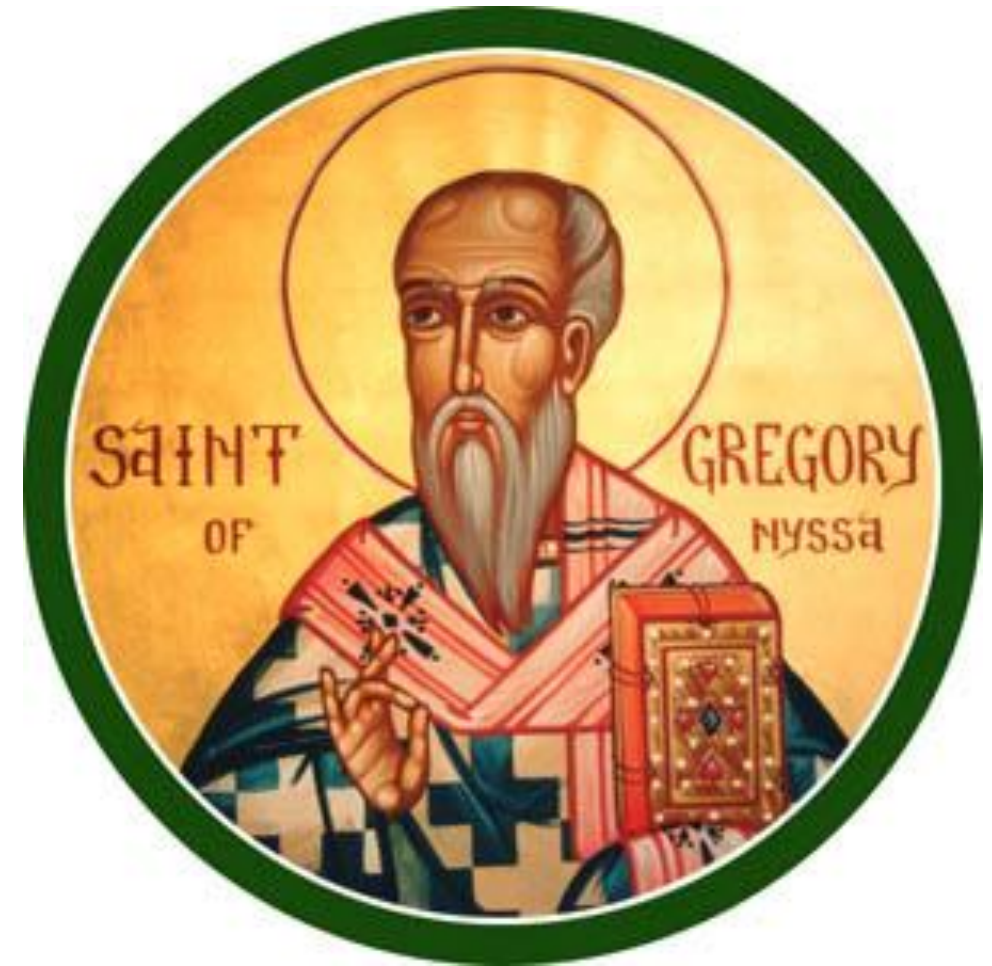
Again, we pray to Thee, O Lord our God, that you would renew us and this parish by the Power of the Holy Spirit. Fill us with love and longing for Thee. Grant that we would seek not our own will but to do Thy will in all things and to be willing to lay down our lives out of love for Thee and for our neighbor. Draw thirsty souls to this place and remove their spiritual blindness, granting them through Thy grace to see the beauty of Thy Holy Glory in this place. Fill this community with new life, spiritual vigor and an insatiable desire to live godly and holy lives. Forgive us all of our sins as we fall down before Thee. Bring us all to a greater repentance and to an amendment of our lives as we look to Thee, the only Merciful and loving Lord Who calls all to salvation. We beg Thee, our merciful Lord, hear us, grant all of these petitions and all of our requests unto salvation: We pray Thee, hearken and have mercy.

ON BEING AN APOSTLE

The gift of apostleship is bestowed upon each member of the Church on the day of his Baptism and Chrismation. If we call our Church "apostolic" it is because She is sent, "apostle" meaning "sent by God." It is because She is sent in Her totality, and this means in all Her members, into the world to preach the Gospel of Christ, to manifest His presence, to fulfill the salvation which He accomplished. In this sense, we all are apostolic and apostles. We all carry the responsibility for the apostolicity of the Church. -Fr Alexander Schmemmann

Holy Apostles Orthodox Church

Lansing, New York



SUNDAY, JANUARY 10TH, 2016
AFTERFEAST OF THEOPHANY
ST GREGORY OF NYSSA

WEEKLY HYMNS FOR JANUARY 10, 2016

Troparion Tone 7 (Resurrection)

By Your Cross You destroyed death.
To the thief You opened Paradise.
For the Myrrhbearers You changed weeping into joy.
And You commanded Your disciples, O Christ God,
to proclaim that You are risen,//
granting the world great mercy.

Troparion of the Feast Tone 1

When You, O Lord, were baptized in the Jordan,
the worship of the Trinity was made manifest.
For the voice of the Father bore witness to You,
calling You His Beloved Son;
and the Spirit in the form of a dove
confirmed the truthfulness of His word.
O Christ our God, You have revealed Yourself,//
and have enlightened the world, glory to You!

Troparion Tone 4 (St Gregory)

In truth you were revealed to your flock as a rule of faith,
an image of humility and a teacher of abstinence;
your humility exalted you;
your poverty enriched you.
Hierarch Father Gregory
entreat Christ our God//
that our souls may be saved!

Kontakion Tone 7 (Resurrection)

The dominion of death can no longer hold mankind captive,
for Christ descended, shattering and destroying its powers.
Hell is bound, while the Prophets rejoice and cry:
"The Savior has come to those in faith;//
enter, you faithful, into the Resurrection!"

Kontakion Tone 1 (St Gregory)

You kept watch with the eyes of your soul, holy bishop,
revealing yourself as a watchful pastor for the world.
With the staff of your wisdom and your fervent intercession,
you drove away all heretics like wolves.//
You preserved your flock free from harm, most wise Gregory.

Kontakion of the Feast Tone 4

Today You have shone forth to the world, O Lord,
and the light of Your countenance has been marked on us.
Knowing You, we sing Your praises:
"You have come and revealed Yourself,//
O unapproachable Light."

Prokeimenon Tone 1 (Sunday after Theophany)

Let Your mercy, O Lord, be upon us as we have set our hope on You! (Ps 32/33:22)
v: Rejoice in the Lord, O your righteous! Praise befits the just! (Ps 32/33:1)

Alleluia Verses Tone 5

Alleluia, Alleluia, Alleluia.

v: I will sing of Your mercies, O Lord, forever; with my mouth I will proclaim Your truth from generation to generation. (Ps 88/89:1)

v: For You have said: "Mercy will be established forever; Your truth will be prepared in the heavens." (Ps 88/89:2)

Hymn to the Theotokos

Magnify, O my soul, the most-pure Virgin Theotokos,
more honorable than the heavenly hosts!
No tongue knows how to praise you worthily, O Theotokos;
even Angels are overcome with awe praising you.
But since you are good, accept our faith;
for you know our love inspired by God!
You are the defender of Christians, and we magnify you.

Communion Hymns

The grace of God has appeared for the salvation of all men. (Titus 2:11)
Praise the Lord from the heavens, praise Him in the highest! (Ps 148:1)
Alleluia, Alleluia, Alleluia!



It was spoken by Isaiah the prophet, saying:

“The land of Zebulun and the land of Naphtali, By the way of the sea, beyond the Jordan, Galilee of the Gentiles:

The people who sat in darkness have seen a great light, And upon those who sat in the region and shadow of death Light has dawned.”

FROM ON THE BAPTISM OF CHRIST: A SERMON FOR THE DAY OF THE LIGHTS BY ST GREGORY OF NYSSA

Christ, then, was born as it were a few days ago—He Whose generation was before all things, sensible and intellectual. To-day He is baptized by John that He might cleanse him who was defiled, that He might bring the Spirit from above, and exalt man to heaven, that he who had fallen might be raised up and he who had cast him down might be put to shame. And marvel not if God showed so great earnestness in our cause: for it was with care on the part of him who did us wrong that the plot was laid against us; it is with forethought on the part of our Maker that we are saved. And he, that evil charmer, framing his new device of sin against our race, drew along his serpent train, a disguise worthy of his own intent, entering in his impurity into what was like himself,—dwelling, earthly and mundane as he was in will, in that creeping thing.

But Christ, the repairer of his evil-doing, assumes manhood in its fulness, and saves man, and becomes the type and figure of us all, to sanctify the first-fruits of every action, and leave to His servants no doubt in their zeal for the tradition. Baptism, then, is a purification from sins, a remission of trespasses, a cause of renovation and regeneration...

And this gift it is not the water that bestows (for in that case it were a thing more exalted than all creation), but the command of God, and the visitation of the Spirit that comes sacramentally to set us free. But water serves to express the cleansing. For since we are wont by washing in water to render our body clean when it is soiled by dirt or mud, we therefore apply it also in the sacramental action, and display the spiritual brightness by that which is subject to our senses. Let us however, if it seems well, persevere in enquiring more fully and more minutely concerning Baptism, starting, as from the fountain-head, from the Scriptural declaration, “Except a man be born of water and of the Spirit, he cannot enter into the kingdom of God.” Why are both named, and why is not the Spirit alone accounted sufficient for the completion of Baptism? Man, as we know full well, is compound, not simple: and therefore the cognate and similar medicines are assigned for healing to him who is twofold and conglomerate:—for his visible body, water, the sensible element,—for his soul, which we cannot see, the Spirit invisible, invoked by faith, present unspeakably. For “the Spirit breathes where He wills, and thou hearest His voice, but canst not tell whence He cometh or whither He goeth.” He blesses the body that is baptized, and the water that baptizes.

Preparing for a House Blessing

It is a joy to bless your home and/or business. To have your home or business blessed in an orderly manner, please prepare with the following in mind:

At a table covered in a white cloth, or icon corner (preferably facing east, if possible), have:

- a bowl filled with Holy Water (if you have none, Father will bring extra),
- an icon of the feast, or of Christ, or of the Theotokos,
- a candle on a candle stand,
- a prayer slip listing the names of those whom you would like to have remembered in prayer, with those fallen asleep listed in on one side and those living in the household on the other side.

All TVs, radios, and other sources of sound need to be turned off. Open the doors to all rooms. If done in the evening, have the lights on in each room. Also, please secure pets as necessary. If possible, please have someone ready to lead the priest through the home/business. Invite some friends!