

Holy Apostles Orthodox Church

347 Ridge Rd Lansing NY

HolyApostlesLansing.org

Fr James Worthington, Rector 315-706-6185

Rdr Bob West, Sr Warden SrWarden@HolyApostlesLansing.org

FEBRUARY 22, 2015

SUNDAY OF CHEESEFARE — Tone 4. The Expulsion of Adam and Eve from Paradise.

Uncovering of the Relics of the Holy Martyrs at the Gate of Eugenius at Constantinople (395-423). Martyrs Maurice and his son, Photinus, and Martyrs Theodore, Philip, and 70 soldiers, at Apamea in Syria (ca. 305). Ven. Thalassius, Limnæus and Baradates, Hermits, of Syria (5th c.). St. Athanasius the Confessor, of Constantinople (821).

EPISTLE: ROMANS 13.11-14.4: Don't worry for your flesh, but focus on Christ who will fill you.

GOSPEL: MATTHEW 6.14-21: Fast with joy, to gain your heavenly reward.

VESPERS NEXT WEEK: Rdr Bob.

HOURS: Casey. **NEXT WEEK:** Available.

EPISTLE READER: Ivan. **NEXT WEEK:** Available.

COFFEE HOUR HOST: Garland-Denais-Kronauer. **NEXT WEEK:** Available.

KNOW YOUR FAITH: The next class will be March 3rd at Unwind Coffee Shop in the Ithaca Mall. We will be reading and discussing chapter 14 of the Gospel of St John: The Farewell Discourse (Part I), incl. Fear Not, Paraclete, Peace. The time is also being changed to 7:30. Invite your friends to join us. The complete syllabus is available on the information table and online.

MEMORIAL SATURDAY(S): During Great Lent, there are several Soul Saturdays on which we pray for the souls who have reposed in the Lord. Please fill out a prayer slip and come to the Divine Liturgy to ask God to be merciful to their souls, and ours, and pray for your loved ones at the Saturday Divine Liturgy.

LENTEN CALENDAR: The calendar of services for the lenten period is available. As we center more on a life of prayer over the next few weeks, take advantage of the services of the Church so that you may come closer to Christ in this time.

Fr James' contact information: Cell: 315-706-6185 Email: adelphotheos@gmail.com

WELCOME!: We warmly welcome all of our visitors! It's good to have you with us! Please know that we are glad that you are here praying with us and invite you to join us after the service for a meal and to meet everyone in our community.

ANNUAL MEETING: We will hold our annual parish meeting next week after the Divine Liturgy on March 1st. Please make every effort to be present as we plot the coming year for our mission parish!

EVANGELIZATION WEBSITE: The Department of Evangelization new web site is now accessible at goodnews.oca.org. It will highlight current and past Planting Grant Missions; develop and offer Spanish Language and Russian Language resources in a single location; develop a renewed appreciation for our missionary roots, particularly in Alaska; and point to several OCA resources available to help rejuvenate parishes.

OCF DAY OF PRAYER: The Day of Prayer service will be held at St Catherine's Church in Ithaca on Monday morning from 6AM to 7AM. All students are encouraged to attend, as well as the rest of the faithful of our two parishes.

LENTEN READERS: There is a sign-up sheet for the readers that are needed for the Lenten services. All skill levels are invited to read at any of the services.

LIVING:

Apr Timothy H

Apr Herman S

Apr John C

Apr Thomas E

Apr Michael T

Apr Stephen M

Dn Symeon

Abbess Silouana

Mother Raphaela

Mother Christophora

Mat Cecelia

Mat Katya

Mat Dorothy

Joshua

Brittany & Isaac

Gretchen

Peter

Marriane

Terrence

Helen

Judy

Gretchen

Mary & Susan

John & Carmine

Nathan

Leah

Helen

Lindsey

Susanne H

Elizabeth

Mary

Joe A

Daniel

Andrew and family

Harold

Wilhemina

Gordon

Elizabeth

David

Madeline

Shirley

Larry

Christina

Jim & Kim

Rachel

Constantine & Maria

Gaetan

Jean

Christine

Samuel

Iconographer Helena

Catechumens: Elliott &

Daniel

Children: Caleb,

Christopher E,

Anthony, Mia and

Isabel,

BIRTHDAYS: Paula.

ANNIVS: None.

NAMESDAYS: None.

REPOSED:

Priest John

Apr Alexander

Rdr Gregory

Daniel

Ada

Walter

Lillian

Joseph

Marie

Joseph

Laura

Martha

Stanley & Helen,

Taissia

Steluta

Theophan

Lynda

Florence

James

James R

NEWLY REPOSED:

None. **ANNIVERSARIES:**

Harry and Frances.

FB Check-in



SCHEDULE FOR THIS WEEK

CONFESSIONS ARE HEARD BEFORE AND AFTER VESPERS AND AT ANY OTHER CONVENIENT TIME.

CHEESEFARE SUNDAY, FEBRUARY 22: 9 AM Divine Liturgy and Social Hour

MONDAY, FEBRUARY 23: 6 AM OCF Day of Prayer at St Catherines Church

8:30 Lenten Daily Matins

7 PM Great Canon

TUESDAY, FEBRUARY 24: 8:30 Lenten Daily Matins

7 PM Great Canon

WEDNESDAY, FEBRUARY 25: 8:30 Lenten Daily Matins

6 PM Great Canon

7 PM Koliva Making

THURSDAY, FEBRUARY 26: 8:30 Lenten Daily Matins

9:15 Cornell OCF Morning Prayers

7 PM Great Canon

FRIDAY, FEBRUARY 27: 8:30 Lenten Daily Matins

6 PM Presanctified and Molieben to St Theodore

SATURDAY, FEBRUARY 28: 9 AM Divine Liturgy

6 PM Great Vespers

ORTHODOXY SUNDAY, MARCH 1: 9 AM Divine Liturgy and Annual Meeting

PRAYER FOR CHURCH GROWTH

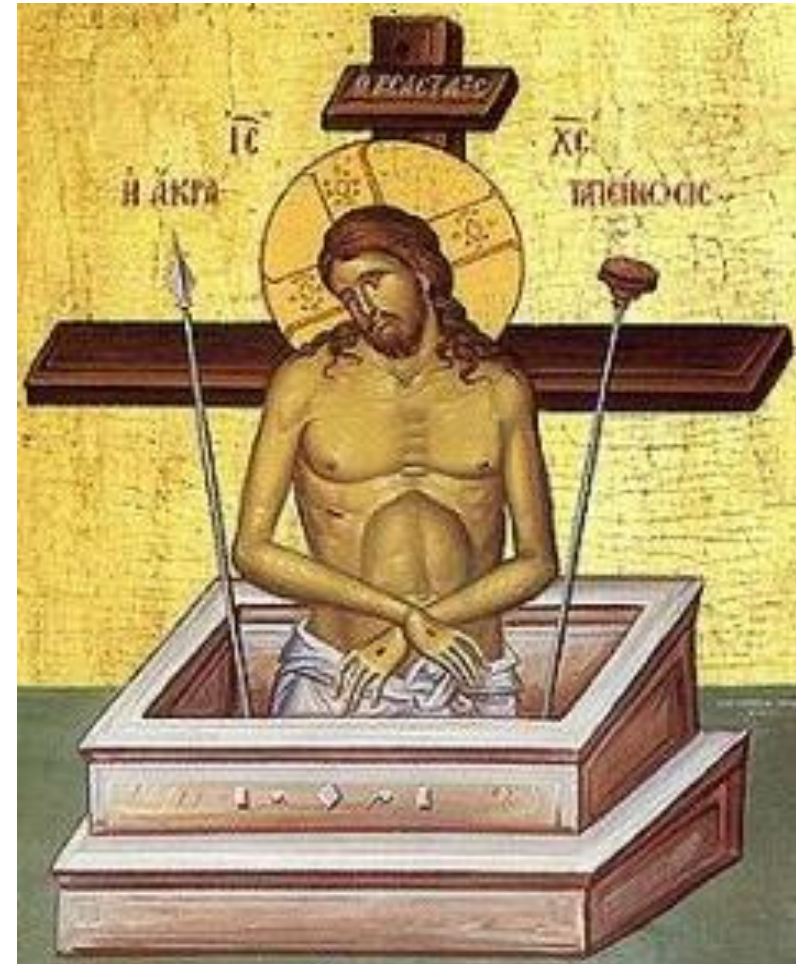
Again, we pray to Thee, O Lord our God, that you would renew us and this parish by the Power of the Holy Spirit. Fill us with love and longing for Thee. Grant that we would seek not our own will but to do Thy will in all things and to be willing to lay down our lives out of love for Thee and for our neighbor. Draw thirsty souls to this place and remove their spiritual blindness, granting them through Thy grace to see the beauty of Thy Holy Glory in this place. Fill this community with new life, spiritual vigor and an insatiable desire to live godly and holy lives. Forgive us all of our sins as we fall down before Thee. Bring us all to a greater repentance and to an amendment of our lives as we look to Thee, the only Merciful and loving Lord Who calls all to salvation. We beg Thee, our merciful Lord, hear us, grant all of these petitions and all of our requests unto salvation: We pray Thee, hearken and have mercy.

Troparion to the Apostles

First enthroned of the Apostles, And teachers of the Universe; Entreat the Master of all
To grant peace to the world, And to our souls great mercy!

Holy Apostles Orthodox Church

Lansing, New York



SUNDAY, FEBRUARY 22, 2015

CHEESEFARE SUNDAY/EXPULSION FROM THE GARDEN OF EDEN
BEGINNING OF THE LENTEN FAST

Troparion Tone 4 (Resurrection)

When the women Disciples of the Lord
learned from the Angel the joyous message of the Resurrection,
they cast away the ancestral curse
and elatedly told the Apostles:
“Death is overthrown!
Christ God is risen,//
granting the world great mercy!”

Troparion Tone 4 (for St John the Baptist)

The head of the Forerunner has shone from the earth,
sending forth rays of incorruption and healings to the faithful.
It gathers together a multitude of Angels above
and summons the human race below//
to send up glory with one voice to Christ our God.

Kontakion Tone 2 (for St John the Baptist)

O Prophet of God and Forerunner of Grace,
we have found thy head as a sacred rose.
Therefore we always receive healings from it,//
and, as in times past, thou dost now preach repentance to the world.

Kontakion Tone 6 (from the Lenten Triodion)

O Master, Teacher of wisdom,
Bestower of virtue,
Who teachest the thoughtless and protectest the poor,
strengthen and enlighten my heart!
O Word of the Father,
let me not restrain my mouth from crying to thee:
Have mercy on me, a transgressor,//
O merciful Lord!

Prokeimenon Tone 8 (Resurrection)

Pray and make your vows before the Lord our God! (Ps 75/76:11)
v: In Judah God is known; His name is great in Israel. (Ps 75/76:1)
Tone 7: The righteous shall rejoice in the Lord, and shall hope in Him. (Ps 63/64:10)

Alleluia Verses Tone 6

Alleluia, Alleluia, Alleluia!
v. It is good to give thanks to the Lord, to sing praises to Thy Name, O Most High. (Ps 91/92:1)
v. to declare Thy mercy in the morning, and Thy truth by night. (Ps 91/92:2)
v: The righteous shall flourish like the palm tree, and grow like a cedar in Lebanon. (Ps 91/92:12)

Communion Hymns

Praise the Lord from the heavens! Praise Him in the highest! (Ps 148:1)
The righteous shall be in everlasting remembrance! He shall not fear evil tidings! (Ps 111/112:6)
Alleluia, Alleluia, Alleluia!

FORGIVENESS SUNDAY

The last of the preparatory Sundays has two themes: it commemorates *Adam's expulsion from Paradise*, and it is also the *Sunday of Forgiveness*. There are obvious reasons why these two things should be brought to our attention as we stand on the threshold of the Great Fast. One of the primary images in the Triodion is that of the return to Paradise. Lent is a time when we weep with Adam and Eve before the closed gate of Eden, repenting with them for the sins that have deprived us of our free communion with God. But Lent is also a time when we are preparing to celebrate the saving event of Christ's death and rising, which has reopened Paradise to us once more (Luke 23:43). So sorrow for our exile in sin is tempered by hope of our re-entry into Paradise:

O precious Paradise, unsurpassed in beauty,
Tabernacle built by God, unending gladness and delight,
Glory of the righteous, joy of the prophets, and dwelling of the saints,
With the sound of thy leaves pray to the Maker of all:
May He open unto me the gates which I closed by my transgression,
And may He count me worthy to partake of the Tree of Life
And of the joy which was mine when I dwelt in thee before.

Note how the Triodion speaks here not of 'Adam' but of 'me': 'May He open unto me the gates which I closed.' Here, as throughout the Triodion, the events of sacred history are not treated as happenings in the distant past or future, but as experiences undergone *by me* here and now within the dimension of sacred time. The second theme, that of forgiveness, is emphasized in the Gospel reading for this Sunday (Matthew 6:14-21) and in the special ceremony of mutual forgiveness at the end of Vespers on Sunday evening. Before we enter the Lenten fast, we are reminded that there can be no true fast, no genuine repentance, no reconciliation with God, unless we are at the same time reconciled with one another. A fast without mutual love is the fast of demons. As the commemoration of the ascetic saints on the previous Saturday has just made clear to us, we do not travel the road of Lent as isolated individuals but as members of a family. Our asceticism and fasting should not separate us from our fellow men but link us to them with ever stronger bonds. The Lenten ascetic is called to be a man for others.

-Met Kallistos (Ware) in the Lenten Triodion

BECOMING "FISHERS OF MEN"

BY PRIEST DAVID C. RUCKER, MDiv, DMiss (ABD)

There is an old story some missionaries in the last century dared to tell. It goes like this.

Now it came to pass that a group existed who called themselves fishermen. And lo, there were many fish in the waters all around. In fact, the whole area was surrounded by streams and lakes filled with fish. And the fish were hungry.

Week after week, month after month, year after year, those who called themselves fishermen met in meetings and talked about their call to fish and how they might go about fishing. Year after year they carefully defined what fishing means, defended fishing as an

occupation, and declared fishing was what they loved to do.

These fishermen built large, beautiful buildings for a local fishing headquarters, and even a national center for fishing. Some began to realize, however, that the more time they spent doing this, the less time they were spending actually fishing. When this was pointed out, some redoubled their efforts.

In addition to meeting regularly, they organized a board to send out fishermen to other places where there were even more fish.

The board was formed by those who had great vision and courage to speak about fishing, to define fishing, to promote the idea of fishing in faraway streams and lakes where many fish of different kinds lived. The board hired a director and staff and appointed committees to define fishing and plan for major fishing expeditions, and to even decide where and how to fish next. But the staff and committees did not fish. So, they worked even harder.

A large, elaborate training center was built as a place to teach fishermen how to fish. Courses were designed and offered, some even for academic credit, to promote and teach fishing. The courses covered the needs of fish, the nature of fish, how to identify fish, how to approach and feed fish. Some even obtained doctorates in "fishology." But fewer and fewer actually spent time fishing.

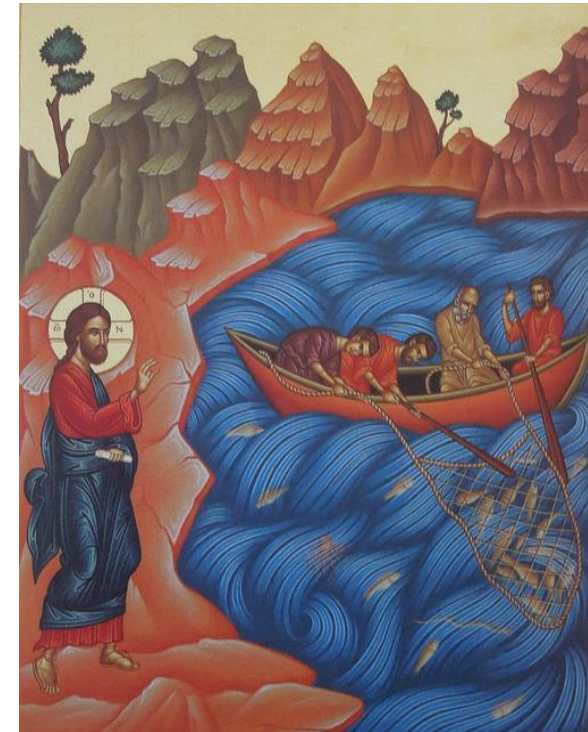
The fervor intensified. Large printing houses were built to publish fishing guides and information. Presses worked night and day producing materials devoted to fishing methods,

equipment, programs, and to report on the last meeting of the board and to prepare for the next meeting.

After one stirring banquet in a beautiful hotel ball room on "The Necessity of Fishing," one young man left the meeting and went fishing. At the next meeting he reported that he had actually caught some outstanding fish. He was honored for his excellent catch and was scheduled to visit as many meetings as possible to tell how he did it. He was so busy he had to cut back on his fishing in order to have time to tell about it. He talked about his experience so well that he was put on the General Board, and then had no time at all to fish. He really missed fishing.

After all these the funds were all the sacrifice, someone suggested fish aren't really desire to fish make long can one not fish fisherman?

The Master calling: "Follow Me, fishers of men" renew, expand upon, personally in this mission of our to be "fishers of disciples. Theosis a unique and each person who dares to let Christ make of him or her a "fisher of men."



heroic efforts, after all raised and spent, after imagine the shock when that those who don't fishermen at all. Does a one a fisherman? How and still be called a

Fisher of Men is still and I will make you [Matthew 4:19]. We can and participate calling which is the Church; we are called men." We become His participate in making (deification) happens in unrepeatable way in

*Adapted from John M. Drescher, "A Plea for Fishing," *Pulpit Digest*, July/August, 1978 and Wayne McDill. *Making Friends for Christ: A Practical Approach to Relational Evangelism*. Nashville, TN: Broadman Press, 1979. Pp. 8-9.

Priest David C. Rucker, MDiv, DMiss [ABD], ministers in Alaska as a Mission Specialist with the Orthodox Christian Missions Center.



Do not judge by appearances; a rich heart may be under a poor coat.

-Scottish proverb

