

# Holy Apostles Orthodox Church

347 Ridge Rd Lansing NY

HolyApostlesLansing.org

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## NOVEMBER 29, 2015

**26th SUNDAY AFTER PENTECOST — Tone 1.** Martyr Paramon and 370 Martyrs in Bithynia (250). Martyr Philumenus of Ancyra, and with him Martyrs Valerian and Phædrus (ca. 274). Ven. Acacius of Sinai, who is mentioned in *The Ladder* (6th c.). Ven. Nectarius the Obedient, of the Kiev Caves.

**EPISTLE:** EPHESIANS 5.9-19: Awake, arise from the dead, And Christ will give you light.

**GOSPEL:** LUKE 13.10-17: Christ argues with the Synagogue ruler concerning the Sabbath Day.

**READERS:** Readers are needed to volunteer for readings at Vespers, for the Hours and the Epistle. If you are interested in doing this, see Fr James.

**COFFEE HOUR:** Worthington Family. **NEXT WEEK:** Potluck.

**NATIVITY FLOWERS:** Envelopes are available at the information desk to make a donation toward flowers for the upcoming celebration of the Nativity of Christ.

**OCF NEWS:** Until December 6th, the OCF will be collecting items for the IOCC (International Orthodox Christian Charities) to distribute to victims of various crises throughout the world. Please bring the following items to the church: hand towels, washcloths, combs, metal nail files/clippers, bath size bars of soap wrapped in original packaging, toothbrushes (individually packaged) and band-aids. Thank you!

**DDB:** As the chilly winds of fall and winter arrive, 2015 will soon come to an end. It has been a fruitful year of supporting seminarians, mission parishes, and providing support to revitalize older parishes. This is a reality thanks to the sacrificial financial contributions of our Distinguished Diocesan Benefactors. To date there are 174 individual and organizational DDBs. An invitation is extended for our parish to join them this year.

**ST NICHOLAS DAY SHOES:** Each year, in celebration of St Nicholas the Wonderworker, the children bring a pair of shoes to the parish, just in case something good were to be placed in them. Please bring a pair next week for each of the kids in your family. Define kids however you would like to!

**#GIVINGTUESDAY:** We have a day for giving thanks, two for shopping. Now, we have

Fr James' contact information: Cell: 315-706-6185 Email: adelphotheos@gmail.com

#GivingTuesday, a global day dedicated to giving back to worthy charities. On Tuesday, December 1, please remember Holy Apostles Church in your generosity and give to the building fund. Point your friends to a special page set up, [HolyApostlesLansing.org/GivingTuesday.html](http://HolyApostlesLansing.org/GivingTuesday.html).

**ONLINE CALENDAR:** The calendar of services and events on the parish webpage has been updated to a new format. It is now a Google calendar, which can be subscribed to so that it can sync with your online calendars as well. This will also make it easier to modify and provide subscribers with notices about upcoming events. Please subscribe and share with friends!

**MATCHING DONATION:** A very kind donation was given for the Building Fund from a friend of the parish. Before it is deposited, I would like to offer an opportunity to match this donation out of grateful thanksgiving and hope in the building up of our temple.

**MARCH FOR LIFE:** Two chartered buses will take local participants to the annual March For Life in Washington DC. They are leaving Ithaca late evening on January 21st and returning late evening the 22nd. Cost is \$25 each. Registration deadline is December 1st. For more information or to register, contact [lthacatodc@yahoo.com](mailto:lthacatodc@yahoo.com).

**LENTEN CHARITY:** As we prepare for the Nativity of Christ, we are gathering food to donate to both the Lansing and Brooktondale Food Pantries. As you shop, add a few things to your cart and bring them to the Church to share the blessings that the Lord has to give, through your hands.

<u>LIVING:</u>			
Apr Timothy H	Nathan	Lyudmila	Daniel
Apr Herman S	Leah	Nickolay	Ada
Apr John C	Helen	Anetta	Lillian
Apr Thomas E	Lindsey	James Sr	Joseph
Apr Michael T	Susanne H	Jan V.	Marie
Apr Stephen M	Elizabeth	Zachary	Joseph
Dn Symeon	Mary	Iconographer Helena	Laura
Dn Michael	Joe A	Natasha, Lena, Vera, &	Martha
Abess Silouana	Daniel	Sergei	Stanley & Helen,
Mother Raphaela	Andrew & family	Caleb	Taissia
Mother Christophora	Harold	Cleopatra	Steluta
Mat Cecelia	Wilhemina	Brian & Ally	Theophan
Mat Katya	Elizabeth	<u>Catechumens:</u> Elliott,	Lynda
Mat Dorothy	David	Micah, Danielle.	Florence
Joshua	Madeline	<u>Children:</u> Christopher E,	James
Brittany & Isaac	Shirley	Anthony, Mia and Isabel	James R
Gretchen	Larry	<u>Seminarians:</u> Rdr Robert	Vasily
Peter	Christina	and Ivan	Modecai
Marriane	Jim & Kim	<b>BIRTHDAYS:</b> Zoe.	Alexandr
Terrence	Rachel	<b>ANNIVS:</b> None.	Ron
Helen	Constantine & Maria	<b>NAMESDAYS:</b> None.	<b>NEWLY REPOSED:</b> Dn
Judy	Gaetan	<b>REPOSED:</b>	Mark, John.
Gretchen	Jean	Priest Matthew	<b>ANNIVERSARIES:</b>
Mary & Susan	Christine	Priest John	Florence.
John & Carmine	Samuel	Apr Alexander	
	Lisa	Rdr Gregory	

## SCHEDULE FOR THIS WEEK

CONFESSIONS ARE HEARD BEFORE AND AFTER VESPERS AND AT ANY OTHER CONVENIENT TIME.

**SUNDAY, NOVEMBER 29:** 8:40 Hours, 9 AM Divine Liturgy, Social Hour.

Bring Shoes! No RC SS

**#GIVINGTUESDAY, DECEMBER 1:** 8:30 Morning Prayers

7 PM Know Your Faith at Unwind Café in the Ithaca Mall

8 PM Ithaca College OCF in Mueller Chapel

**WEDNESDAY, DECEMBER 2:** 8:30 Daily Matins

7 PM Cornell OCF in Anabel Taylor Hall

**THURSDAY, DECEMBER 3:** No Morning Prayers

**FRIDAY, DECEMBER 4:** 8:30 Morning Prayers

9:20 Cornell Morning Prayers

**SATURDAY, DECEMBER 5:** 6 PM Great Vespers

**SUNDAY, DECEMBER 6:** 8:40 Hours, 9 AM Divine Liturgy, Social Hour.

**DECEMBER 24:** Annual Holy Supper and Vigil for Nativity

## PRAYER FOR CHURCH GROWTH

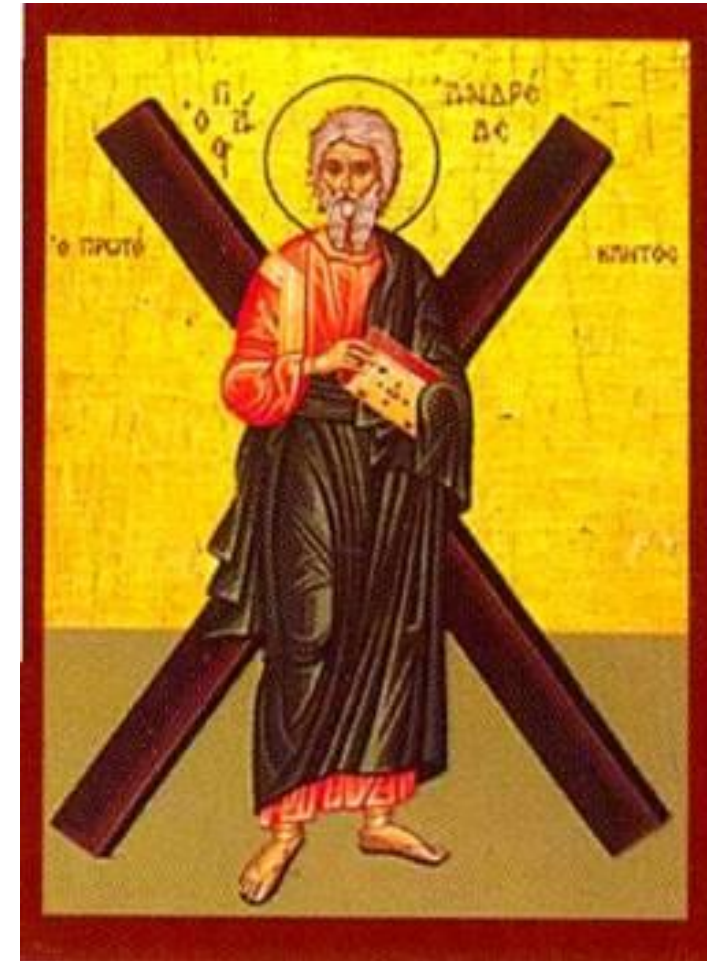
Again, we pray to Thee, O Lord our God, that you would renew us and this parish by the Power of the Holy Spirit. Fill us with love and longing for Thee. Grant that we would seek not our own will but to do Thy will in all things and to be willing to lay down our lives out of love for Thee and for our neighbor. Draw thirsty souls to this place and remove their spiritual blindness, granting them through Thy grace to see the beauty of Thy Holy Glory in this place. Fill this community with new life, spiritual vigor and an insatiable desire to live godly and holy lives. Forgive us all of our sins as we fall down before Thee. Bring us all to a greater repentance and to an amendment of our lives as we look to Thee, the only Merciful and loving Lord Who calls all to salvation. We beg Thee, our merciful Lord, hear us, grant all of these petitions and all of our requests unto salvation: We pray Thee, hearken and have mercy.

**ANCIENT FAITH RADIO:** Ancient Faith Radio seeks to deepen and enrich the faith of Orthodox Christians around the world with 2 audio streaming stations and over 50 on-demand podcasts featuring many OCA priests and individuals. They also have a wide array of conference recordings available including the OCA All American Council.

**ORTHODOX CHRISTIAN NETWORK:** Orthodox Christian Network (OCN), an agency of SCOBA, has been established to create a national, sustainable and effective media witness for the Orthodox Christian Church in North America. OCN produces high-quality programs and media tools for local parishes that reach people for Christ 24 hours a day, 7 days a week. See their programming at MyOCN.net.

# Holy Apostles Orthodox Church

## Lansing, New York



ST ANDREW, THE FIRST-CALLED

SUNDAY, NOVEMBER 29<sup>TH</sup>, 2015  
25<sup>TH</sup> SUNDAY AFTER PENTECOST

# SUNDAY HYMNS FOR NOVEMBER 29<sup>TH</sup>

## Troparion Tone 1 (Resurrection)

When the stone had been sealed by the Jews,  
while the soldiers were guarding Your most pure ^body,  
You rose on the third day, O Savior, granting life to the world.  
The powers of heaven therefore cried to You, O Giver of Life:  
"Glory to Your Resurrection, O Christ!  
Glory to Your ^Kingdom!//  
Glory to Your dispensation, O Lover of mankind!"

## Troparion Tone 4 (for the Martyrs)

Your holy martyrs Paramon and Philumenus and those with them, O Lord,  
through their sufferings have received incorruptible crowns from You, our God.  
For having Your strength, they laid low their adversaries,  
and shattered the powerless boldness of demons.  
Through their intercession, save our souls!

## Kontakion Tone 1 (Resurrection)

As God, You rose from the tomb in glory,  
raising the world with Yourself.  
Human nature praises You as God, for death has vanished.  
Adam exults, O Master!  
Eve rejoices, for she is freed from bondage and cries to You://  
"You are the Giver of Resurrection to all, O Christ!"

## Kontakion Tone 4 (for the Martyrs)

Urged on by the commandments of God,  
with patience, you cleansed your souls from all defilement.  
You reached perfection as spiritual athletes;  
you renounced sacrifice to idols.  
Imitating Christ, you were slain with a spear,  
most blessed Paramon and Philumenus.  
Always fervently intercede with Christ on behalf of the world!

## Prokeimenon Tone 1

Let Your mercy, O Lord, be upon us as we have set our hope on You! (Ps 32/33:22)  
v: Rejoice in the Lord, O you righteous! Praise befits the just! (Ps 32/33:1)

## Alleluia Verses Tone 1

Alleluia, Alleluia, Alleluia.

v: God gives vengeance unto me, and subdues people under me. (Ps 17/18:47)

v: He magnifies the salvation of the King and deals mercifully with David, His anointed, and his seed forever. (Ps 17/18:50)

## Communion Hymn

Praise the Lord from the heavens, praise Him in the highest! (Ps 148:1)

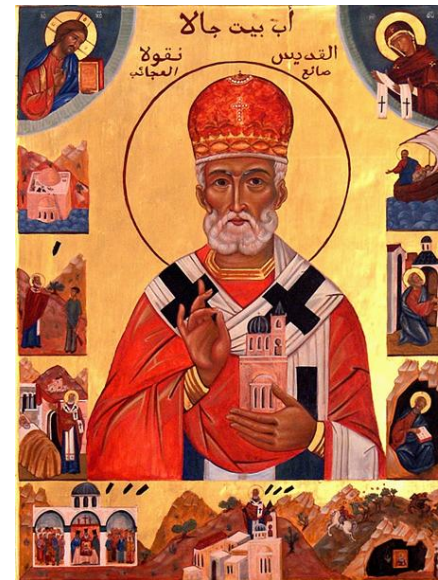
Alleluia, Alleluia, Alleluia!

## ST NICHOLAS, A DELIVERER FROM PERIL

At a certain point, our venerable father decided to visit Palestine and venerate the holy places in the land where our Lord, God, and Savior Jesus Christ once walked. While his ship was sailing off the coast of Egypt, Nicholas foresaw that a violent storm was coming,

although no one else warned the crew, at once sky and a violent storm Everyone was afraid and rescue them. They cried to save us, we will be

Encouraging the their hope in God, the to the Lord. At once the passengers were filled sails, and the boat sailed Alexandria in Egypt. For other miracles brought sea, he was eventually sailors all over the world.



suspected this. After he black clouds appeared in the arose, churning up the sea. they all begged Nicholas to out, "Unless you pray to God swallowed up by the sea!" passengers and crew to put saint sent up fervent prayers waters became calm, and the with joy. A fair wind filled the quickly and safely to this reason, and because of about by Saint Nicholas at named the patron saint of

Eventually Nicholas resumed his journey to the Holy Land. There he visited Golgotha, where Christ God stretched out His most pure hands upon the Cross and was crucified to save the race of man. Then Nicholas visited all the other holy places in and around the city of Jerusalem.

For more information on how to celebrate St Nicholas in your lives and homes, see [www.stnicholascenter.org](http://www.stnicholascenter.org).

## THANK YOU, O LORD!

*By way of introduction, Protopresbyter Alexander Schmemmann celebrated the Divine Liturgy for the last time on Thanksgiving Day. This was particularly appropriate since Father Alexander had devoted his whole life to teaching, writing and preaching about the Eucharist; for the word eucharist in Greek means thanksgiving. At the conclusion of the liturgy, Father Alexander took from his pocket a short written sermon, in the form of a prayer, which he proceeded to read. This was a strange occurrence since Father Alexander never wrote his liturgical homilies, but delivered them extemporaneously. These were his words, which proved to be the last ever spoken by him from the ambo in Church.*

Everyone capable of thanksgiving is capable of salvation and eternal joy.

Thank You, O Lord, for having accepted this Eucharist, which we offered to the Holy Trinity, Father, Son and Holy Spirit, and which filled our hearts with the joy, peace and righteousness of the Holy Spirit.

Thank You, O Lord, for having revealed Yourself unto us and given us the foretaste of Your Kingdom.

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Thank You, O Lord, for having united us to one another in serving You and Your Holy Church.

Thank You, O Lord, for having helped us to overcome all difficulties, tensions, passions, temptations and restored peace, mutual love and joy in sharing the communion of the Holy Spirit.

Thank You, O Lord, for the sufferings You bestowed upon us, for they are purifying us from selfishness and reminding us of the "one thing needed;" Your eternal Kingdom.

Thank You, O Lord, for having given us this country where we are free to Worship You.

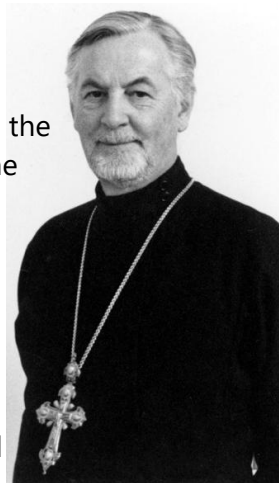
Thank You, O Lord, for this school, where the name of God is proclaimed.

Thank You, O Lord, for our families: husbands, wives and, especially, children who teach us how to celebrate Your holy Name in joy, movement and holy noise.

Thank You, O Lord, for everyone and everything.

Great are You, O Lord, and marvelous are Your deeds, and no word is sufficient to celebrate Your miracles.

Lord, it is good to be here! Amen.



## FROM THE WEBSITE OF OKLAHOMA WESLEYAN UNIVERSITY:

This is Not a Day Care. It's a University!

This past week, I actually had a student come forward after a university chapel service and complain because he felt "victimized" by a sermon on the topic of 1 Corinthians 13. It appears that this young scholar felt offended because a homily on love made him feel bad for not showing love! In his mind, the speaker was wrong for making him, and his peers, feel uncomfortable.

I'm not making this up. Our culture has actually taught our kids to be this self-absorbed and narcissistic! Any time their feelings are hurt, they are the victims! Anyone who dares challenge them and, thus, makes them "feel bad" about themselves, is a "hater," a "bigot," an "oppressor," and a "victimizer."

I have a message for this young man and all others who care to listen. That feeling of discomfort you have after listening to a sermon is called a conscience! An altar call is supposed to make you feel bad! It is supposed to make you feel guilty! The goal of many a good sermon is to get you to confess your sins—not coddle you in your selfishness. The primary objective of the Church and the Christian faith is your confession, not your self-actualization!

So here's my advice:

If you want the chaplain to tell you you're a victim rather than tell you that you need virtue, this may not be the university you're looking for. If you want to complain about a sermon that makes you feel less than loving for not showing love, this might be the wrong place.

If you're more interested in playing the "hater" card than you are in confessing your own hate; if you want to arrogantly lecture, rather than humbly learn; if you don't want to feel guilt in your soul when you are guilty of sin; if you want to be enabled rather than confronted, there are many universities across the land (in Missouri and elsewhere) that will give you exactly what you want, but Oklahoma Wesleyan isn't one of them.

At OKWU, we teach you to be selfless rather than self-centered. We are more interested in you practicing personal forgiveness than political revenge. We want you to model interpersonal reconciliation rather than foment personal conflict. We believe the content of your character is more important than the color of your skin. We don't believe that you have been victimized every time you feel guilty and we don't issue "trigger warnings" before altar calls.

Oklahoma Wesleyan is not a "safe place", but rather, a place to learn: to learn that life isn't about you, but about others; that the bad feeling you have while listening to a sermon is called guilt; that the way to address it is to repent of everything that's wrong with you rather than blame others for everything that's wrong with them. This is a place where you will quickly learn that you need to grow up!

This is not a day care. This is a university!