

# Holy Apostles Orthodox Church

347 Ridge Rd Lansing NY

HolyApostlesLansing.org

Fr James Worthington, Rector 315-706-6185

Rdr Bob West, Sr Warden SrWarden@HolyApostlesLansing.org

## OCTOBER 25, 2015

**21st SUNDAY AFTER PENTECOST — Tone 4.** Martyrs Marcian and Martyrius the Notaries, of Constantinople (ca. 355). Ven. Martyrii (Martyrius) the Deacon and Martyrii the Recluse, of the Kiev Caves (Far Caves—13th-14th c.). Martyr Athanasius the Fuller, at Salona in Dalmatia (3rd c.). St. Tabitha, the widow raised from the dead by the Apostle Peter (1st c.).

**EPISTLE:** GALATIANS 2.16-20: Through the law died I to the law that I might live to God.

**GOSPEL:** LUKE 16.19-31: The Parable of the Rich Man and Lazarus. Which represents you?

**READERS:** Readers are needed to volunteer for readings at Vespers, for the Hours and the Epistle. If you are interested in doing this, see Fr James.

**COFFEE HOUR:** Thompsons and Casey. **NEXT WEEK:** Potluck.

**KNOW YOUR FAITH:** The current series of Adult Ed classes will continue Tuesday, November 3. This year we will be exploring the lives and writings of the Church Fathers. We are slated to have classes every other Tuesday night, as much as we are able to. If you have any concerns about the scheduling, please see Fr James. The next session will discuss the Blessed Augustine. A page on the parish website has been constructed with a list of weekly topics and the short readings.

**GIRLS RETREAT:** The Second Annual Diocesan Girls Retreat for young women in grades 7-12 will take place at Saint Basil's Academy in Garrison, New York from November 13-15, 2015. If you are interested, please see Fr James.

**T-SHIRTS:** The parish t-shirts have arrived! They are a deep red emblazoned with a budded three bar cross, with the name of Holy Apostles Church on it. If you have ordered one, or would like to purchase one now, they are available in the back of the church.

Fr James' contact information: Cell: 315-706-6185 Email: adelphotheos@gmail.com

**WELCOME!** We warmly welcome all of our visitors! It's good to have you with us! Please know that we are glad that you are here praying with us and invite you to join us after the service for a meal and to meet everyone in our community.

**DONATIONS:** If you are looking for ways to help out your parish church, consider donating prosphora, incense, wine, charcoal or products for the pantry.

**APPLE SALE:** Today we are selling for a fundraiser caramel and candy apples, apple pies, apple butter and apple sauce. These are all donated and homemade items that can be acquired with a donation to the Building Fund. The apples are local. The apple butter used Splenda. The apple sauce is only apples and cinnamon. Take some home today to share with friends or save till later!

**IRON KETTLE OUTING:** Today we are headed to Iron Kettle Farm for our 4<sup>th</sup> annual fall outing. We will leave after the Divine Liturgy. All are welcome to come. The farm is located on Rt 96 in Candor.

**BEYOND THE PLATEAU:** The latest Diocesan newsletter concerning missions and evangelization is available, and included here. Read on to learn about mission growth.

### LIVING:

Apr Timothy H

Apr Herman S

Apr John C

Apr Thomas E

Apr Michael T

Apr Stephen M

Pr Jason

Pr Athanasios

Dn Symeon

Dn Michael

Abbess Silouana

Mother Raphaela

Mother Christophora

Mat Cecelia

Mat Katya

Mat Dorothy

Joshua

Brittany & Isaac

Gretchen

Peter

Marriane

Terrence

Helen

Judy

Gretchen

Mary & Susan

John & Carmine

Nathan

Leah

Helen

Lindsey

Susanne H

Elizabeth

Mary

Joe A

Daniel

Andrew & family

Harold

Wilhemina

Elizabeth

David

Madeline

Shirley

Larry

Christina

Jim & Kim

Rachel

Constantine & Maria

Gaetan

Jean

Christine

Samuel

Lisa

Lyudmila

Nickolay

Anetta

James Sr

Jan V.

Zachary

Iconographer Helena

Natasha, Lena, Vera, &

Sergei

Catechumens: Elliott,

Micah, Danielle.

Children: Caleb,

Christopher E, Anthony,

Mia and Isabel

Seminarians: Rdr Robert

and Ivan

**BIRTHDAYS:** Liam.

**ANNIVS:** None.

**NAMESDAYS:** Bernice,

Fr James.

**REPOSED:**

Priest Matthew

Priest John

Apr Alexander

Rdr Gregory

Daniel

Ada

Lillian

Joseph

Marie

Joseph

Laura

Martha

Stanley & Helen,

Taissia

Steluta

Theophan

Lynda

Florence

James

James R

Vasily

Modercai

Alexandr

**NEWLY REPOSED:**

Ron, Dn Mark, John.

**ANNIVERSARIES:**

None.

## SCHEDULE FOR THIS WEEK

CONFESSIONS ARE HEARD BEFORE AND AFTER VESPERS AND AT ANY OTHER CONVENIENT TIME.

**SUNDAY, OCTOBER 25:** 8:40 Hours, 9 AM Divine Liturgy and Social Hour. No RC SS. Iron Kettle Farm Outing

**TUESDAY, OCTOBER 27:** 8:30 Morning Prayers  
8 PM Ithaca College OCF in Mueller Chapel

**WEDNESDAY, OCTOBER 28:** 8:30 Daily Matins  
7 PM Cornell OCF Meeting in Anabel Taylor Hall

**THURSDAY, OCTOBER 29:** 8:30 Morning Prayers

**FRIDAY, OCTOBER 30:** 8:30 Morning Prayers  
9:15 Cornell OCF Morning Prayers in Anabel Taylor Hall

**SATURDAY, OCTOBER 31:** 5 PM Great Vespers

## Change Clocks Tonight!!!

**SUNDAY, NOVEMBER 1:** 8:40 Hours, 9 AM Divine Liturgy, Social Hour.

**NOVEMBER 10:** Diocesan Assembly

**NOVEMBER 25:** Thanksgiving Akathist

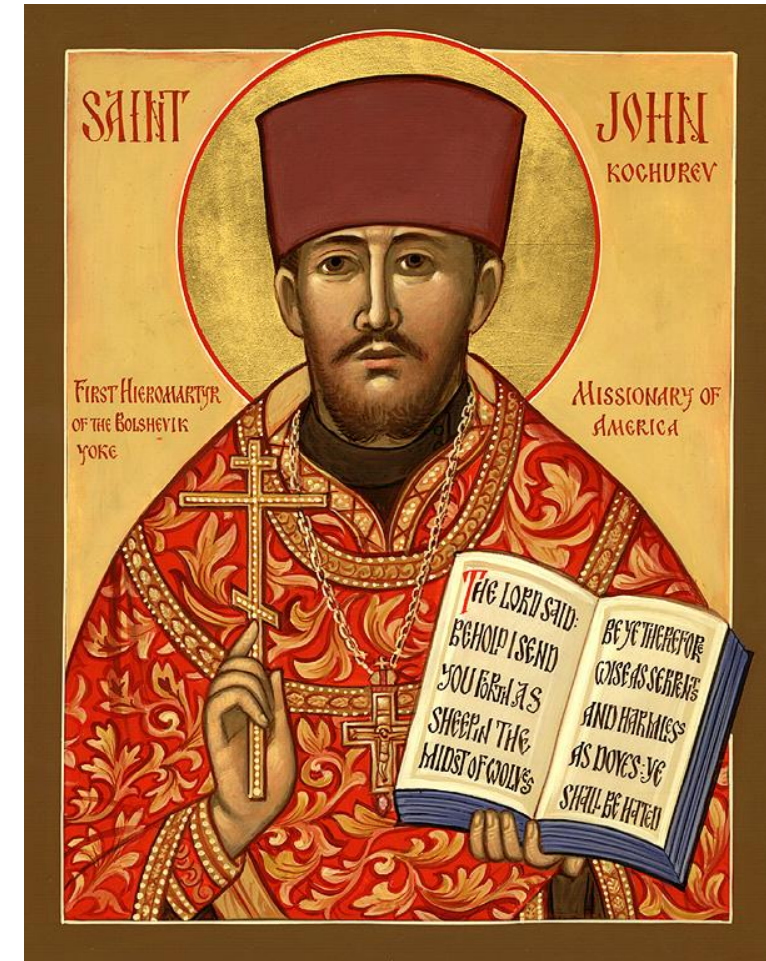
**IOCC:** International Orthodox Christian Charity's (IOCC) mission, in the spirit of Christ's love, is to offer emergency relief and development programs to those in need worldwide, without discrimination, and strengthen the capacity of the Orthodox Church to so respond. IOCC helps to expand the capacity of the Orthodox Church globally to more effectively minister to people in need.

## PRAYER FOR CHURCH GROWTH

Again, we pray to Thee, O Lord our God, that you would renew us and this parish by the Power of the Holy Spirit. Fill us with love and longing for Thee. Grant that we would seek not our own will but to do Thy will in all things and to be willing to lay down our lives out of love for Thee and for our neighbor. Draw thirsty souls to this place and remove their spiritual blindness, granting them through Thy grace to see the beauty of Thy Holy Glory in this place. Fill this community with new life, spiritual vigor and an insatiable desire to live godly and holy lives. Forgive us all of our sins as we fall down before Thee. Bring us all to a greater repentance and to an amendment of our lives as we look to Thee, the only Merciful and loving Lord Who calls all to salvation. We beg Thee, our merciful Lord, hear us, grant all of these petitions and all of our requests unto salvation: We pray Thee, hearken and have mercy.

# Holy Apostles Orthodox Church

## Lansing, New York



ST JOHN KOCHUROV, FIRST HIEROMARTYR OF THE BOLSHEVIK YOKE

SUNDAY, OCTOBER 25<sup>TH</sup>, 2015  
21<sup>ST</sup> SUNDAY AFTER PENTECOST

# SUNDAY HYMNS FOR OCTOBER 25<sup>TH</sup>

## Troparion Tone 4 (Resurrection)

When the women Disciples of the Lord  
learned from the Angel the joyous message of the Resurrection,  
they cast away the ancestral curse  
and elatedly told the Apostles:  
"Death is overthrown!  
Christ God is risen, //  
granting the world great mercy!"

## Troparion Tone 3 (Martyrs Marcian and Martyrius)

In holy zeal you dispelled the error of Arius  
and proclaimed the Trinity, one in essence.  
Holy martyrs Marcian and Martyrius,  
unshaken bulwarks of Orthodoxy,  
entreat Christ our God to grant us His great mercy!

## Kontakion Tone 4 (Resurrection)

My Savior and Redeemer  
as God rose from the tomb and delivered the earth-born from their chains.  
He has shattered the gates of hell,  
and as Master, //  
He has risen on the third day!

## Kontakion Tone 4 (Martyrs Marcian and Martyrius)

From your youth you were good athletes, wise Marian and Martyrius,  
vanquishing the Arian heretics;  
you kept the faith perfect by following in the footsteps of your bishop and teacher Paul,  
therefore, you are worthy to be with him in eternal life,  
as respected defenders of the Holy Trinity.

## Prokeimenon Tone 4

O Lord, how manifold are Your works; in wisdom have You made them all. (Ps 103/104:24)  
v: Bless the Lord, O my soul! O Lord, my God, You are very great! (Ps 103/104:1)

## Alleluia Verses Tone 4

Alleluia, Alleluia, Alleluia!

v: Go forth, prosper and reign, for the sake of meekness, righteousness and truth!

v: For You love righteousness, and hate iniquity. (Ps 44/45:8)

## Communion Hymn

Praise the Lord from the heavens! Praise Him in the highest! (Ps 148:1)

Alleluia, Alleluia, Alleluia!

## Repentance the Road to the Kingdom of Heaven

Man is weak, and thus sins and falls often, again and again falling into the same pits, driving the soul to utter despair. The urge here is to give in to one's sinful nature and to cease resisting the powerful forces of sin. There is, however, an answer to this. Again and again he came to the Elder and said, I have fallen! and the Elder invariably answered, Get up! Until when must I continue getting up? the disciple asked, and the Elder answered, Until the day when you give up your soul to God! Thus, every time when we feel that we have fallen, the Sacrament tells us to get up. Sin plunges the soul into darkness and we often lose peace, joy, and the courage to address ourselves to the Lord God. According to St. John the Evangelist, If we say we have no sin, we deceive ourselves, and the truth is not in us (1 John 1:8), for every man sins and falls short before the glory of God. God, Who reads the heart of man, knows not only our everyday affairs, but also our thoughts and intentions. Everything is open to Him. In response to sin, Our Lord Jesus Christ says, Repent, for the Kingdom of Heaven is at hand (Matt. 3:2). Thus He expects from us true, heartfelt faith and true, heartfelt repentance. But what does repentance mean and what kind of repentance is agreeable to God and serves for our salvation?



To repent means to be fully aware of our sins and our iniquities and of their consequences of all that is pernicious to man, all that insults God and excludes us from His love, of all that creates discord in family life, in society, and of all that disturbs the soul's peace and tranquility. When we become aware of our sinful state, and consider ourselves at fault before God, then our heart sorrows and is full of contrition. This heartfelt contrition is, according to St. Paul, that godly grief [which] produces a repentance that leads to salvation (2 Cor. 7:10), that is, true repentance. Tears of contrition are the only means of purifying the soul, so that it may rise up, become cleansed, luminous, joyful, capable of good deeds and of attaining perfection. St. John says that if we confess our sins, [God] is faithful and just, and will forgive our sins and cleanse us from all unrighteousness (1 John 1:9). It is not easy, however, to confess, not easy to mourn over one's iniquities; for each of us has a sense of pride and, sometimes, also a coarse and stony heart that interferes with the sincerity of our repentance before God. Prayer, fasting, and mutual forgiveness, however, soften our hardened hearts and dispose our soul to true repentance.

## PRIESTMARTYR JOHN KOCHUROV, MISSIONARY TO AMERICA

John Kochurov was born on July 13, 1871. His father was a priest. His education included attendance at the Ryazan Seminary before continuing at the St. Petersburg Theological Academy. He excelled at his studies at both the seminary and academy. After graduating in 1895, Fr. John married and then entered his life's work when he was ordained deacon. On August 27, 1895, he



was ordained a priest at the St. Alexander Nevsky Lavra in St. Petersburg by Bishop Nicholas (Ziorov) of the Diocese of the Aleutians and Alaska.

Having expressed the desire to be a missionary priest in the United States, Fr. John was soon transferred and became the first permanent priest at St. Vladimir's Church in Chicago. This parish was later to become the Holy Trinity Cathedral. As St. Vladimir's parish did not yet have their own building, his first major project was construction of the church building. Under the guidance of Bishop Tikhon, later Patriarch Tikhon of Moscow and saint, Fr. John enlisted the services of the noted architect Louis Sullivan to design the church. To finance the project, Fr. John sought and obtained donations from

Tsar Nicholas II as well as from a few Americans, notably Harold McCormick and Charles R. Crane who was the American ambassador to China. Construction of the church began in April 1902 and was consecrated the next year by Bishop Tikhon.

Fr. John devoted much effort to aiding the establishment of other parishes in the Chicago area. In the greater Chicago area he was active in the formation of the parishes in Madison, Streator, and Joliet (all in Illinois), as well as aiding the parishes in Buffalo, NY, and Hartshorn, OK.

Along with Fr. Alexis Toth, future Saint Alexis of Wilkes-Barre, he was influential in the establishment of an Orthodox mutual aid society that provided support for the many new immigrants. He also translated religious texts into English, looking to the time when the church in America would consist of English-speaking members. Before his return to Russia, Fr. John helped to organize the first All-American Council that was held in Mayfield, Pennsylvania, in 1907.

Fr. John returned to Russia in 1907 where he was assigned to Narva, Estonia. Here he taught catechism in the schools. In 1916, he was transferred to St. Catherine's Cathedral in Tsarskoe Selo, outside of St. Petersburg. At St. Catherine's, he established himself as a popular priest who was skilled in homiletics. In October 1917 the Bolshevik uprising in St. Petersburg came to Tsarskoe Selo. The town was attacked by the Bolshevik. The people thronged to the churches where the clergy held prayer services and led processions throughout the town praying for peace.

On October 31, 1917 (Old Style), the Bolsheviks entered Tsarskoe Selo in force and arrested Fr. John. He was taken by the Bolsheviks out of town where he was summarily shot. By this act, Fr. John became the proto-hieromartyr of the Bolshevik revolution and the Soviet yoke. Fr. John was buried several days later in the crypt of St. Catherine's Cathedral.

In December 1994, Fr. John was glorified as the first of the new martyrs of the 20th century. In the United States he is also honored as a missionary and inspired preacher.

## THE PARABLE OF THE HEALTH CLUB

There once was an athlete who was traveling through a city and thought that he would stop in at the local health club so that he could get some work-out time in before he moved on to the next town on his competition tour. So he looked in the phone book and found the club nearest to his hotel and walked over. When he arrived, he found a very modern and well-designed work-out complex, equipped with all the latest machines, a huge building on a large piece of property. Clearly, the health club must have had a wealthy and dedicated membership to afford this sort of excellent facility. As he walked around the halls, he saw bulletin boards filled with notices for daily work-out classes and fitness and nutrition training. The club even seemed to have full-time doctors and nurses on staff, along with trainers and teachers of every kind. It was then that the athlete noticed something strange. Peering into the main exercise room, he found that only a handful of the many dozens of exercise machines were actually being used. He also found several classrooms empty of people. Curious about this, the athlete walked up to one of the trainers and started asking him questions.

"How many members do you have at this club?" The answer: "Well over a thousand, sir." "But why aren't these machines all filled with people? What about the classes? I passed rooms with teachers but only a couple of students. How is anyone supposed to get healthy like this? This is a health club, right?" The reply: "Oh, you can find all the people at the other end of the building, sir, in the cafeteria."

Puzzled, the athlete found his way to the cafeteria, which he discovered was bustling with hundreds of people. He approached one of the tables, where a number of the health club members were eating. The athlete introduced himself: "Hi, I'm passing through town and was wondering why the cafeteria seems to be filled with people, but the exercise rooms and weight rooms only seem to have a couple of folks in them." He received a number of answers. Here's a sampling:

"Well, I only go exercise maybe a few times a month. My doctor says I should be exercising at least a few times a week, but I find it's a lot more comfortable to sit here with my friends and socialize. Anyway, I'm putting out some effort, right? That's what should count."

"My focus here at the health club is to help raise funds to keep the machines and the whole facility in good order. You must admit that we have a truly fine cafeteria, too. It's known all over town. Why, there are even people who have never set foot in the exercise rooms who still come to our cafeteria. In fact, we were recently named 'Health Club of the Year' in the newspaper. What I do for the health club is far more important than exercising."

"I like to stand in the halls sometimes, just outside the work-out areas. That's where my friends are. Sometimes, I can hear some excellent music being played by the people exercising. I like the music."

"People who exercise are crazy. My motto is: 'No pain... no pain!'" (At that, everyone laughed.) "I go at least once a year, anyway. Who really needs any more than that?"

"My parents got me a membership when I was a kid. I haven't really exercised very often since then, but I still consider myself a member. I do like to come and watch other people exercise sometimes, though, which makes me feel good."

"I have friends who are members here who don't even come to the cafeteria, much less exercise. But they send their membership dues in and hang out with us after the scheduled work-out times. They pay their dues, so they're members just like anyone else."

At that, the athlete shook his head and went to go work out in one of the empty rooms.

